

EP. 341

# AuDHD in Girls

## 10 Examples of Masking Behaviors

Taking on helper roles (assisting in sick bay, helping disabled students)

Helping with classroom organization to avoid social interactions

Appearing as natural leaders but showing inflexibility

Taking on "mini prime minister" roles but struggling to compromise

Having strong reading skills but poor comprehension

Sitting quietly when overwhelmed rather than acting out

Displaying perfectionist behaviors

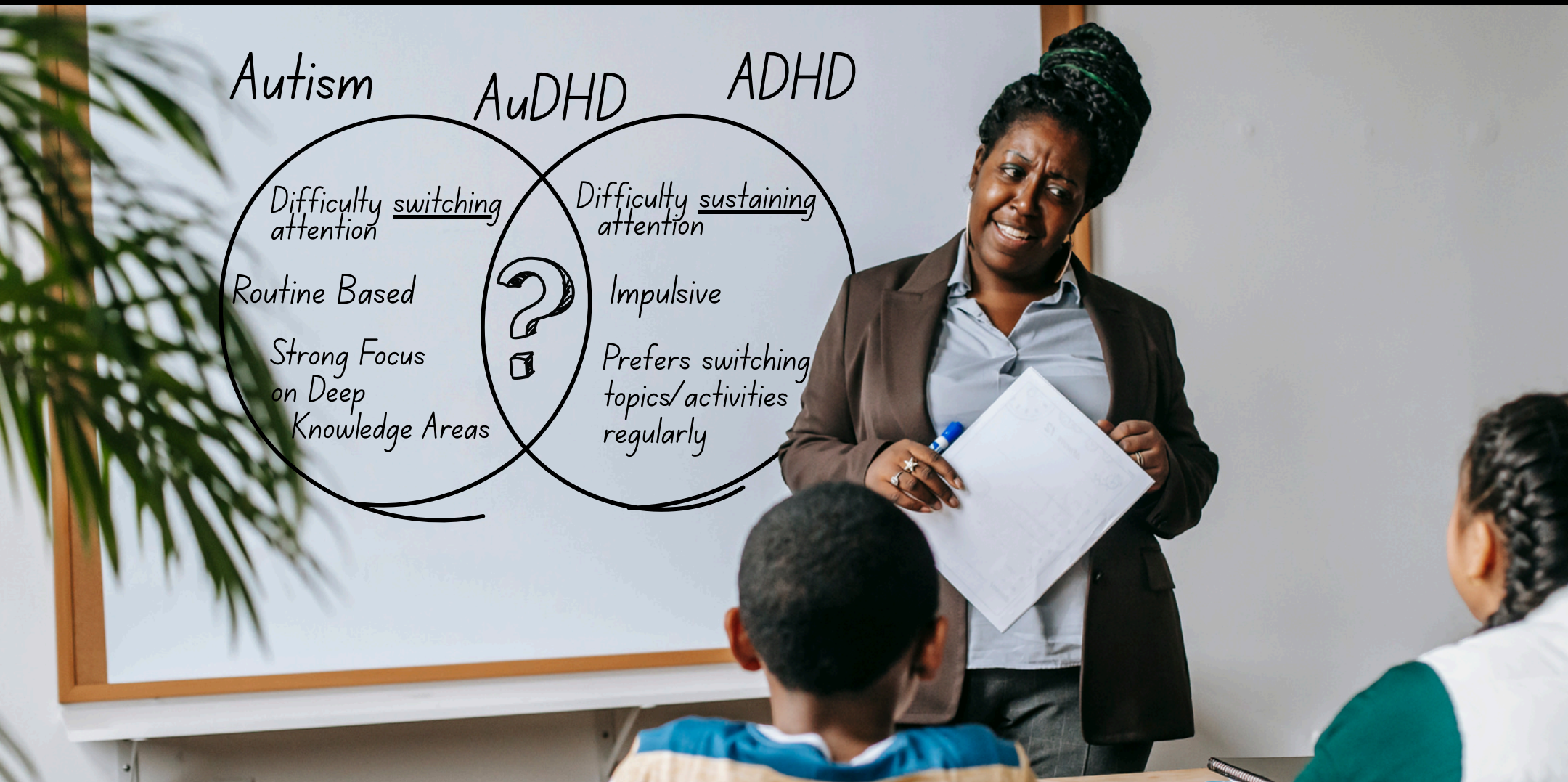
Appearing socially competent at school but melting down at home

Checking in frequently with teachers

Showing hypervigilant behaviors

# UNDERSTANDING AuDHD

## Teaching and Supporting Students with Autism and ADHD Co-occurrence



### 2 HOUR: ONLINE ON-DEMAND COURSE

38% of students with Autism Spectrum also have a co-occurrence of ADHD (2021, Ying & Co., Meta-analysis\*). This course explores different teaching strategies and adjustments, including the impact of monotropism, rejection sensitivity dysphoria, and completing sensory needs.

Through evidence-based strategies, this course offers actionable techniques for supporting everything from executive functioning challenges and anxiety management to sensory accommodations and crisis response.

#### You will learn:

- The unique challenges that AuDHD students experience and how to accommodate them.
- 9 Key strategies to support AuDHD students to increase engagement and participation
- Effective Positive Behaviour Support strategies for AuDHD students

#### Who should do the course?

This course is for educators, parents and professionals supporting neurodiverse people in all ages and stages. It will help you gain greater insights, strategies and understanding for AuDHD (the co-occurrence of Autism and ADHD).

#### What's included?

- ✓ Online On-Demand ✓ 2 Hours ✓ 6 weeks to complete ✓ Certificate
- ✓ Handout includes Additional Templates ✓ Tips
- ✓ IT Support



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& Author



**Sue Larkey**

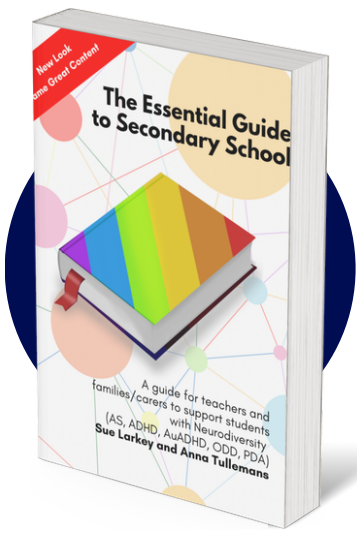
Teacher

### HOW TO REGISTER

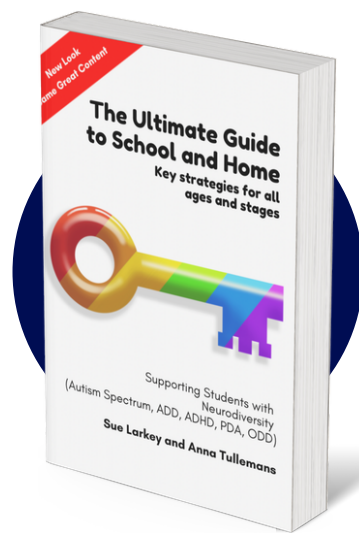
[elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)

# Sue's Top Pics for AuDHD

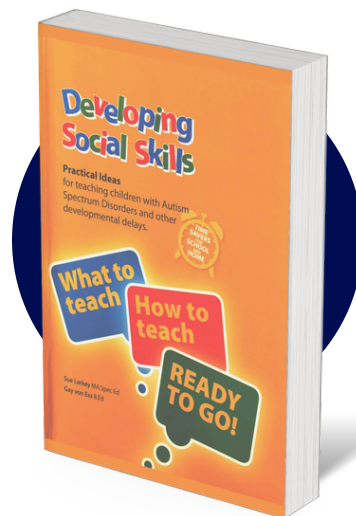
## Sue Larkey Books



The Essential Guide to Secondary School



The Ultimate Guide to School and Home



Developing Social Skills



MEGA BOOK of Timesavers

## Timers



Time Timer PLUS



Liquid Timers

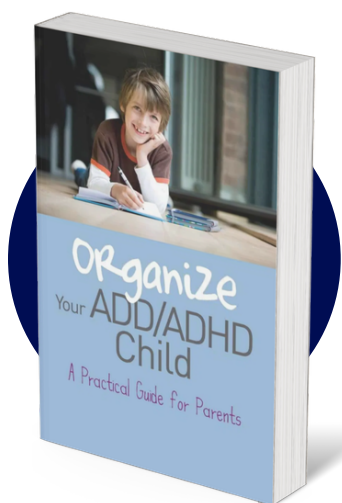


Portable Schedule Timer

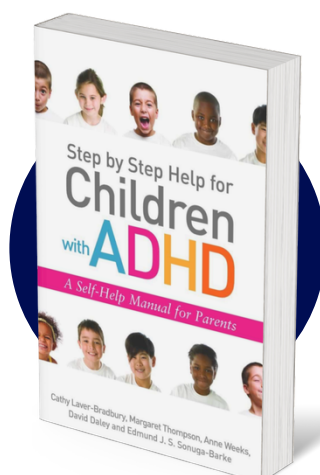


Time Timer

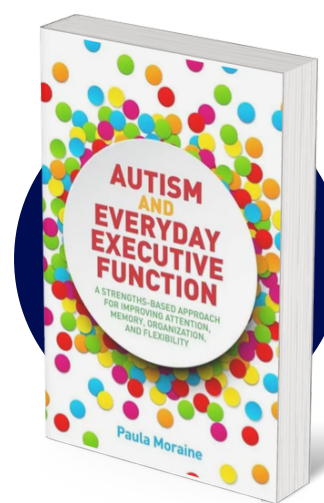
## Executive Functioning Books



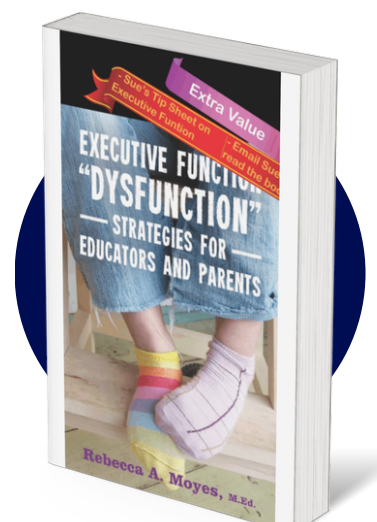
Organize Your ADD/ADHD Child



Step by Step Help for Children with ADHD



Autism and Everyday Executive Function



Executive Function Dysfunction