

Puts things off
until last
minute

Difficulty with work
pacing

Difficulty
starting and
finishing

Procrastination

Chronically Late

TIME BLINDNESS: WHAT YOU MIGHT SEE

Difficulty
estimating
how long

Rushes through work
carelessly

Wasting
"losing" track
of time

Difficulty with
transitions

Difficulty waiting

Difficulty
completing long -
term projects

Break tasks down into manageable chunks and discuss how long each part takes.

Adapt time tools and strategies to individual needs and preferences (digital vs. analog, count up vs. count down).

Positively reinforce students when they manage time well and arrive on time.

Provide reminders and alarms to help students keep track of time.

TIME BLINDNESS: IDEAS TO TRY

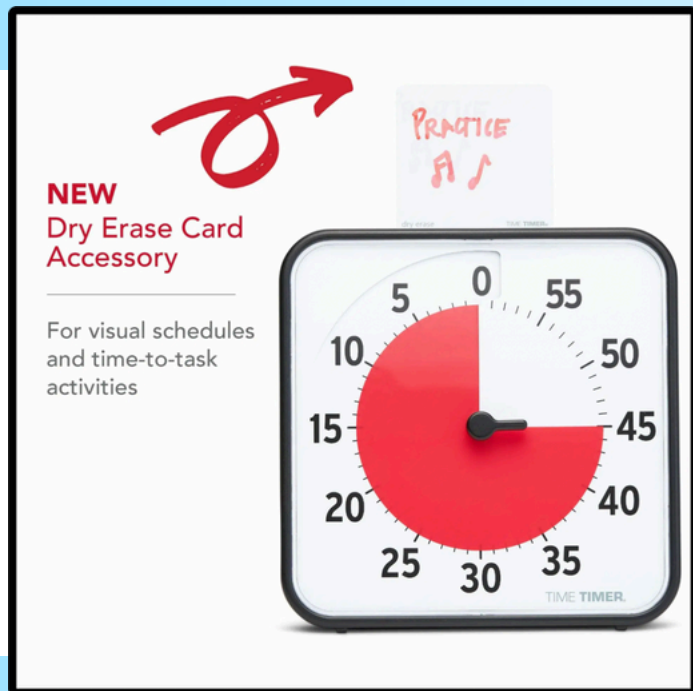
Incorporate routines and schedules to help students develop a sense of time passing.

Teach time management skills explicitly, including planning, pacing, and having a "Plan B" if time runs out.

Use visual timers, such as Time Timers, liquid timers, and portable digital schedules, to make time more concrete and accessible.



Sue's Top Pics for TIME TIMERS



The Time Timer

A must have for every classroom

- ✓ *Magnets to attach to whiteboard*
- ✓ *Legs to move to all environments*
- ✓ *Alarm can be turned off or on*

Time Timer – 20cm (Medium) Classroom Set (Set of 3)



Primary Colour Set



Secondary Colour Set



Time Timer PLUS
13.75cm x 17.5cm



Time Timer MOD
9 x 9 cm



Time Timer – 7.6cm
Small



Portable Schedule
Timer



Liquid Timers



Liquid Key Ring
Sensory Tool