

DR TONY ATTWOOD 12 TIPS TO CREATE AN ASD FRIENDLY CLASSROOM

Dr Tony Attwood, world renowned psychologist on Asperger's Syndrome / High-Functioning Autism, has written a number of best selling books. His book **Asperger's Syndrome: A Guide for Parents and Professionals** and **The Complete Guide to Asperger's Syndrome** are in over 22 languages and are world best selling books for ASD. I always find Tony's workshops and resources practical, informative and engaging.

Here are his top 12 tips to create an ASD friendly classroom which he shares at his workshops.

- ✔ **Quiet**, well-structured classroom.
- ✔ **Avoid** sensory overload.
- ✔ **Minimal changes** in routines and staff.
- ✔ **Visible daily schedule** of activities and preparation for transitions.
- ✔ **Benevolent peers** as guides.
- ✔ **A work station** or 'office'.
- ✔ A **'to do' list**.
- ✔ **Extra time** to complete an activity or assignment.
- ✔ **Access to a special education** support teacher or learning support unit.
- ✔ Teachers who show an **empathic understanding** of the child.
- ✔ Teachers who are **flexible in their teaching strategies**, assessments and expectations.
- ✔ **Staff who like and admire the child**, respect his or her abilities and know the child's motivators and learning profile.

TONY'S LATEST BOOK

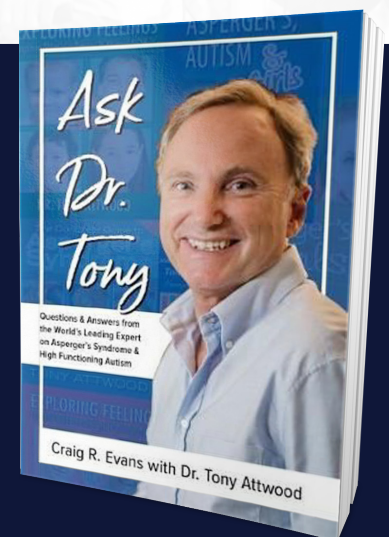
Ask Dr Tony:

Highly recommend for all schools and home.

Tony and Craig have chosen the chapters of the book by ranking the issues which cause the most stress to someone with autism. I found it interesting just to see the topics to think about how I am addressing them as a teacher, and how I can better support students to reduce this stress for them.

These chapters serve as a GREAT reminder to put in systems and supports to reduce anxiety for people with ASD you know. I found it helpful to take a closer look at the stressors and to ask myself if I am addressing them for the kids I know. For instance, I was fascinated that 95% struggle with self-esteem and self-identity issues. Interestingly within this topic, Tony and Craig discuss homeschooling or public education - which is best?

This book plays out in a conversational style between Craig and Tony over all these different stressful situations. Craig brings personal anecdotes from his family life, asking questions and seeking solutions to common problems. It contains easy references for anyone who lives, works or supports someone with Asperger's.





RANKING OF ISSUES CAUSED BY STRESS



#1 Anxiety	98%	#10 Emotional availability	85%
#2 Self-esteem/self-identity	95%	#11 Faking it	84%
#3 Aversion to change	87%	#12 Getting and keeping a job	83%
#4 Meltdowns	87%	#13 Disclosing a diagnosis	79%
#5 Depression	87%	#14 Bullying	77%
#6 Sensory Issues	86%	#15 Choosing a career	76%
#7 Making and keeping friends	86%	#16 Empathetic attunement	75%
#8 Personal Management issues	85%	#17 Being diagnosed	67%
#9 Intimacy. dating, sex and marriage	85%		

**JOIN TONY ATTWOOD IN UPCOMING WORKSHOPS
IN ADELAIDE, BRISBANE AND GEELONG.**

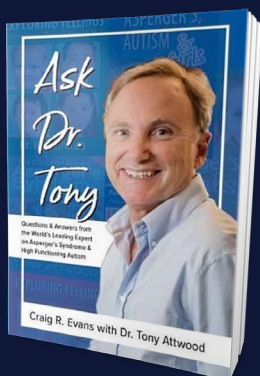


Or watch his online courses anywhere,
anytime for the same content on demand.

WHAT YOU'LL LEARN IN THIS COURSE:

- Cognitive Abilities: A different way of thinking and learning
- Managing Challenging Behaviour
- Managing Feelings: Cognitive Behaviour Therapy and its role in providing greater strategies to manage emotions and Behaviour
- The Emotional Tool Box- what it is and how to use
- Strategies to Improve Social Understanding and Friendship Skills
- Special Interests: Origins and constructive strategies
- Girls with Asperger's syndrome Enroll Now
- Sensory Sensitivity

ENROLL NOW



Ask Dr Tony

Dr. Tony Attwood and Craig Evans are pleased to introduce "Ask Dr. Tony," their second book together. The book is a compilation of fifty episodes of the Autism Hangout question-and-answer program video series in which Dr. Tony Attwood directly addresses the most pressing questions of those touched by autism. It also includes bonus sections of questions and answers from specific groups such as parents, teachers, public servants, social workers, and more. This book is an invaluable resource to keep helpful information present and available to the public. Craig and Dr. Tony's mutual goal? Thriving with autism!

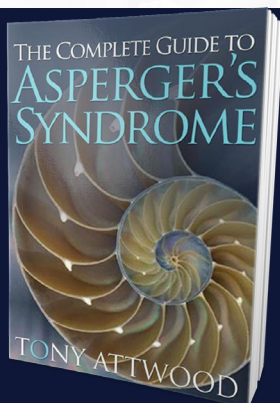
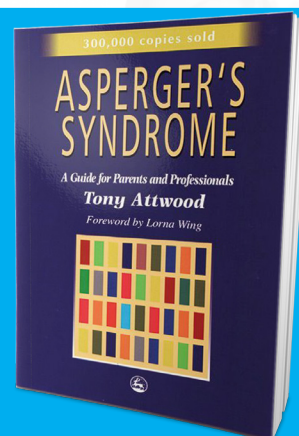
\$38.95

Asperger's syndrome: a guide for parents and professionals

Easy to read, excellent explanations of Asperger's. I recommend for newly diagnosed and children under 7.

This guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. It provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce the most conspicuous or debilitating.

CODE B12 \$37.95



The complete guide to Asperger's Syndrome

The definitive handbook for anyone affected by Asperger's Syndrome. Essential reading for families and individuals as well as teachers, professionals and employers coming in contact with people with AS. This book is a must for anyone who needs to know about this condition.

CODE B13 \$50.95

The CAT-kit

The Cognitive Affective Training (CAT) kit is a programme that consists of visual, interactive, and customisable communication elements for children and young adults. It is designed to help students become aware of how their thoughts, feelings and actions all interact and, in the process of using the various visual components, they share their insights with others. It is an easy and effective way to work with neuro-typical children and young adults as well as with people with developmental disabilities.

CODE O06 \$249.95

