



HOMEWORK

Keep in mind the very real stress and mental exhaustion that many of these students have at the end of the school day. The social aspect of school leaves them with an **absence of breaks during the school day** and for these students, school is for learning and home is for relaxation and time out. The ASD student needs downtime and that can usually happen at home where there is less pressure to constantly conform.

Be aware that often homework is completed but not handed in. This can be due to anxiety that it isn't good enough or the teacher didn't specifically request it and the student didn't automatically hand it in. This is where home and school communication is vital. We recommend that as soon as a student doesn't hand in homework contact the parents that day so it can be actioned immediately.

9 Essential Strategies for Homework

- 1 Arrange Learning Enrichment** / Tutor / Teacher Assistant to help formulate a homework plan.
- 2 Only give two good resources** from which to gather information.
- 3 Use a tutor** (not parents) to help with the homework.
- 4 Choose which subjects require homework responsibilities**, i.e. if he is good at maths he may not need to revise maths lessons with homework.
- 5 Find the right time and place** (not straight after school. Give them time to relax, eat and drink e.g. do reader in the morning rather than the afternoon).
- 6 Keep homework short**, with specific start and stop times.
- 7 Think quality not quantity.** Choose a few selected questions that cover the most important content or main ideas to support the lesson.
- 8 Stay involved.** Avoid doing the work for them. Give small rewards after doing a small amount of work or, reading and re-emphasising questions can sometimes help to get the right answer.
- 9 Parents:** sometimes if you sit at the same table and do your own work it can encourage the child to do theirs.

Ideas to Help Students with Homework

INTERVENTIONS FOR STUDENTS WHO STRUGGLE WITH TIME MANAGEMENT



Make checklists and prioritise tasks



Keep a schedule including breaks for food, drink, movement



Use a visual timer



Have a set space to work (make sure clean and clear of distractions)



Teach skills for staying organised and tidy



Practice strategies for moving on when stuck or make mistakes



Remove phone and other devices - remind can have in break or once finished



Teach time management by getting them to guess how long they think a task will take