

Catalogue

The Essential Guide to Secondary School

Teacher Assistants

BIG RED BOOK

students with ASD (Autism/Asperge shock can also be used for students with ADH ADD, ODD, Atypical Autism & PDD-NOS Stee Larkey and Aurism & PDD-NOS

Sue Larkey

The Ultimate Guide to School and Home Key strategies for all ages and stages

> Supporting students with Autism, Asperger, ADD, ADHD, ODD and other developmental delays

Sue Larkey and Anna Tullemans



suelarkey.com.au

Sue Larkey

Sue Larkey is a highly qualified special educator in mainstream and special schools. She has authored several books and collections of resource materials and offers practical strategies for autism spectrum disorder in the school and home.

Sue is uniquely positioned within the education system having taught both as a primary school teacher and a special education teacher. She has taught students with autism spectrum disorder in the mainstream and at a specialist autism school. She combines this practical experience with extensive research, having completed a Masters in Special Education and currently undertaking a Doctorate in Education. Sue is unashamedly passionate about her mission to inspire parents and educators and teach them how to

Make it a Success.





# Books by *Sue Larkey*

#### THE ULTIMATE GUIDE TO SCHOOL AND HOME

#### by Sue Larkey & Anna Tullemans code

code: B 96 \$44.95

\$39.95

This book provides key strategies for all ages and stages. It offers over 500 practical strategies and time savers for school and home. Everything from setting up a classroom, developing friendships, engaging disengaged students; to moving house, choosing a school and applying for a job. It is the ultimate guide for teachers, parents and all professionals supporting children with autism spectrum disorder, including Aspergers, ADD, ADHD, ODD and other developmental delays.

#### **TEACHER ASSISTANTS BIG RED BOOK OF IDEAS**

#### by Sue Larkey & Anna Tullemans code: B15

Hundreds of ideas you can try. Setting up the classroom, the role of the teacher assistant, behaviour in the classroom and playground, stages of anxiety, transition, sensory toys and activities. Includes frequently asked questions and MORE!

#### **TEACHER ASSISTANTS BIG BLUE BOOK OF IDEAS**

#### by Sue Larkey & Anna Tullemans | code: B16 | \$39.95

Companion to the Teacher Assistants Big Red Book of Ideas. Hundreds of new strategies to try. Social skills: playgrounds, friendships, building self-esteem, bullying. In the classroom: getting on task, adapting tasks and exams, building independence. Managing anxiety and behaviour.

#### **MAKING IT A SUCCESS**

#### by Sue Larkey

code: B 01 \$39.95

This is the ideal reference for schools to successfully integrate students into the classroom. It provides easy to follow, proven strategies and worksheets to use immediately. Dr Tony Attwood writes in the foreword: *"Sue has a remarkable ability to identify and briefly explain the difficulties experienced by a child with autism in a regular classroom and to suggest realistic and practical strategies to improve abilities and behaviour. Her advice is succinct and wise."* 

#### **DEVELOPING SOCIAL SKILLS**

#### by Sue Larkey & Gay von Ess

code: B18 \$39.95

A starting point for teaching and encouraging social interactions and skills for children with autism spectrum disorder and other developmental delays. It is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.

#### THE ESSENTIAL GUIDE TO SECONDARY SCHOOL

#### | by Sue Larkey & Anna Tullemans

| code: B02 | \$44.95

Revised and expanded in 2016. A practical guide to secondary school. Ideas for all staff, from curriculum engagement, accommodations, group work, homework, using technology, behaviour support, organisational skills to building independence. Includes proformas to photocopy and save you time. This book has over 100 pages of proven ideas and strategies.



Join Sue for inspiring, entertaining and informative workshops throughout Australia and New Zealand.

# ...more books by *Sue Larkey*

#### PRACTICAL COMMUNICATION PROGRAMMES

#### by Jo Adkins & Sue Larkey

#### code: B19 \$44.95

Communication is the biggest area of skill deficits in nearly all children on the autism spectrum – whether it is little to no verbalisation, social skills or simply understanding spoken language. This book offers hundreds of ideas and strategies to improve communication skills – including picture exchange, teaching literacy skills, and emotions. It includes activities and resources you can photocopy.

# HOW TO ORDER

#### **AUSTRALIA**



Order online or download an order form at:

www.suelarkey.com.au

Complete the order form and email it to:

orders@suelarkey.com.au



#### PRACTICAL SENSORY PROGRAMMES | by Sue Larkey

#### code: B 05 | \$54.95

This book is designed for families and schools to incorporate sensory activities into the home and school in order to address the significant difficulties students with ASD often encounter. It shows how to identify sensory problems and develop programmes. Over 100 activities including all five senses and movement.



#### THE EARLY YEARS: The Foundations for ALL Learning

#### by Sue Larkey & Gay von Ess

code: B04 \$39.95

This book is full of practical ideas to give children with ASD and other developmental delays the KEYS to learning. It encompasses teaching to play, write, draw, imitate, to sit, ask for help, wait, play, attention to task, sign songs – as well as toilet training, community access, etc. Great easy to photocopy programmes.



#### TIPS FOR TOILETING

#### by Jo Adkins & Sue Larkey

code: B 17 \$29.95

A guide for parents and professionals toilet training children with autism spectrum disorder. Contents include: When to start toilet training, getting started, the use of rewards, techniques, dealing with accidents, sensory issues, bowel motions, generalising, night time training, frequently asked questions, pages of visuals all ready for you to cut out and use! And lots more! 60 pages of helpful hints and ideas.

#### **NEW ZEALAND**



Please email your order to:

dearne@suelarkey.com.au

Postage and handling costs will then be advised by return email

#### **MAKING PAYMENTS**

There are four easy ways to make payment:

- credit card
- online by direct credit
- on invoice

Full information on ordering and payment is included on the order form.

#### **BOOKS ON APPROVAL**

Schools may order books on approval for 14 days

For more information on workshops near you please visit suelarkey.com.au

# UNDERSTANDING AUTISM SPECTRUM DISORDER Teaching Strategies and Behaviour Support with Sue Larkey

Understanding Autism Spectrum Disorder: Knowledge to Improve Student Learning, Participation & Outcomes



#### **PRESENTATION CONTENT**

#### TEACHING STRATEGIES FOR SCHOOL & HOME

- What is Autism Spectrum Disorder
  - Autism learning style
  - Key teaching strategies from preschool to secondary
     Classroom strategies
- Promoting understanding in peers
- How to motivate and use special
  - interests
  - Visual strategies
    - Social skills
  - Teaching play
  - Strategies for playground

#### BEHAVIOUR SUPPORT FOR SCHOOL & HOME

- What are ASD behaviours?Preparing child and staff
- Preparing child and starr
  Common playground issues
  - Meltdowns
  - Anxiety
  - Anxiety
- Transition strategies for school (preschool, primary and secondary) and home
  - Repetitive and obsessive
     behaviours
    - Sensory issues

#### WHO SHOULD ATTEND?

Teachers, Teacher Assistants, Early Childhood Educators, Parents, family members, care staff, educators, clinicians—anyone wanting to understand more about Autism Spectrum Disorder and how to support children and adults with an ASD. Particularly if cannot make it to Sue's Live Workshops.

# AUTISM SPECTRUM ELEARNING

Schools and other Organisations wishing to register groups of Staff or for use in Staff Meetings for Professional Development please email **support@suelarkey.com.au** 

Register at elearning.suelarkey.com.au

**Sue Larkey** is a highly qualified special educator who has taught in mainstream and special schools. She is currently working toward a Doctorate of Education focussing on inclusive schooling. She has authored several books and resource materials. Sue is unashamedly passionate about her mission – to inspire parents and educators and teach them how to Make it a Success.

"I got so much out of your online workshop. Your passion is obvious. There is not one aspect I would say to remove from your presentation. All my teachers completed your course. We aim to get together and plan strategies to assist our children. We have already trialled your 'box approach' to encourage children to bring in items that represent them. It was amazing watching the confidence grow with the children talking to their peers."

#### - Early Childhood Teacher

"We thoroughly enjoyed the PD and because we are working with a number of students on the spectrum, it makes sense now that what we have had success with one students, has totally been wrong for another students. We cant wait now to put more strategies in place."

#### - Primary School Teacher



# CDs

# TOGETHER WE COOK

by Heather Durrant & Sue Larkey code: CO3 \$19.95

25

This photo CD contains over 500 wonderful photos from our Cookbooks so you can make your own resources and recipes.



#### **TEACH ME ART N CRAFT CD**

by Heather Durrant & Sue Larkey code: C05 \$25

Over 80 fun art and craft activities. CD includes templates for each activity as well as curriculum and learning outcomes for the activities.



#### **TEACH ME TO PLAY CD**

by Hea	ather Durra	nt & Sue Larkey	,
code:	C01	\$25	

Over 40 play schedules to use immediately. Load onto your computer, choose, print and play! This CD encourages children with an ASD to engage and play. Over 300 pictures to let you create your own play schedules and variations



# **Oisual supports**

#### **PHOTO COOK BOOKS**

#### by Heather Durrant & Sue Larkey

These books are an ideal teaching programme for everyone. Cooking is a marvellous tool to teach everything from maths to social skills. Because cooking is a favourite with all children it's a wonderful teaching and learning activity appropriate for all ages and stages! The manual has ready-made programmes linking curriculum and educational outcomes.

Cookbook 1 code: B06 (1)	\$44.95	
Cookbook 2 code: B06 (2)	\$44.95	
Teaching Manual code: B06 (M)	\$23.95	
One cookbook plus manual   code: BO6 (1,M)   \$64.95		
Both cookbooks and manual		

code: B06 (1,2,M) \$104.95

#### **PORTABLE SCHEDULE**

code: 0 0 2 \$20

With digital timer - Links visual schedules with a time frame. Great for routines, concept of time. Pre-warns how long until finish, self-monitoring and more!

#### **TOKEN REWARD SYSTEMS**

small (5 tokens) large (10 tokens) | code: O 01(S) | \$5.00 | code: O 01(L) | \$10.00

Token Reward Systems are a great reward system which has more visual impact on a child with autism spectrum disorder as he/she can immediately see how many tokens have been gained and how many more are needed before the incentive/ reward is obtained.

T

# **Oisual Timers**

#### **Time Management = Anxiety Management**

Every home and school needs one of these. Great to pre-warn, set time limits and extend time on less preferred activities. See pages 7 and 19 for more information.



#### PG 4



#### AUTISM AND READING COMPREHENSION

#### by Joseph Porter

CLUDES

LITERAC

The

Motor Skill

Flip-Book

Program

code: B100 \$59.95

Ready-to-use lesson plans for teachers. The predictable format, repetition, and routine of these lessons will create a relaxed learning environment, while the variations in the topics will hold students' attention and help them generalise the reading skills they need to succeed! The companion CD contains all of the worksheets, lesson plans, visual tools, and assessment forms for quick-and-easy print. Over 390 pages!!

#### **HOW DO I TEACH THIS KID TO READ?**

#### by Kimberly Henry

\$38.95 code: B47

This book presents simple instructional strategies that can be used to help develop early literacy skills in young children with autism. Dozens of fine-tuned, easily adaptable activities that teachers and parents can implement separately or in infinite combinations. Included are units on phonemic awareness, vocabulary, comprehension, and fluency.

#### LITERACY FOR VISUAL LEARNERS: **TEACHING CHILDREN WITH LEARNING DIFFERENCES TO READ, WRITE, COMMUNICATE AND CREATE**

#### by Adele Devine

code: B138 \$76.95

Some children are more responsive to visual stimulation than spoken words, and this book shows how to engage these children in literacy lessons by using strategies that cover everything from the latest assistive technology to getting creative on a limited budget. There are tips for sharing stories with children who find it hard to sit still, supporting reluctant writers, enabling the pre-verbal child to answer questions and helping the child who never stops talking to develop listening skills. The strategies are supported by practical resources, examples and case studies, to show how to instill in children the confidence to create and share their thoughts.

#### **VISUAL LEARNING**

#### by Jodi Lee

code: B03 \$39.95

Academic activities for the Visual Learner. Has over 100 pages of activities made with Boardmaker. Will save you hours of preparation. Encourages independent work. Easy to photocopy, laminate. Under all curriculum areas.

#### THE MOTOR SKILL FLIP-BOOK PROGRAM

#### by Sally Mc Namara

code: B137 \$54.95

An easy-to-use resource for therapists, teachers, aides and parents. Developed by a paediatric occupational therapist in response to demand for quick and easy motor skill programs for children. Five colour-coded areas of motor development incorporating the whole body; including core strength, shoulder stability, gross motor coordination, fine motor coordination, and pencil control skills. 100 mix and match activities of varying degrees of difficulty that can be tailored to each child, or group of children, quickly and easily. Beneficial for children who experience handwriting difficulties as well as general coordination and motor development issues. Star system allows for evaluation of skill level and the ability to track progress and set goals.



#### THE SPECIAL NEEDS SCHOOL **SURVIVAL GUIDE**

by Cara Koscinski

code: B159

\$47.95

The handbook that will answer your guestions about school accommodations for Autism, Sensory Processing Disorder (SPD) in the classroom, learning disabilities, handwriting, ADHD, ADD, Individual Education Programmes (IEPs), executive functioning, behaviour, dysgraphia, dyscalculia, non-verbal learning disorder and more! This book contains easy to follow school activities from cutting, handwriting, group time, transition, motivating students to learn, homework, setting up a sensory room, and more. The Q & A format makes the book easy to read and understand. This book will prove to be a resource you will use frequently as your student with special needs progresses through school.



Standard			
code: 0 03	\$4		
For left and right handers.	. The Crossover		
Grip uses the same great of	design as the		
Standard Pencil Grip but a	idds wings to		
prevent fingers from cross	sing over each		
other. The NEW Pinch Grip balances			
the structure of Crossover	Grip with the		
freedom of the Standard (	Grip. The Grips		
can be used as a three ste	p process		

starting with Crossover, then Pinch and

finally Standard.

# OIO

#### **DEVELOPING SOCIAL SKILLS**

#### by Sue Larkey & Gay von Ess code: B18 \$39.95

A starting point for teaching and encouraging social interactions, this is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with an autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.



#### **Download FREE Social Skills Tip Sheets at** www.suelarkey.com.au

- Creating Success Playgrounds
- Where to Begin in Social Skills Programmes
- Creating a Successful Social Skills Programme
- 9 Tips to Facilitate Social Skills Activities



**BOOKS ON APPROVAL** 

Schools may order books on approval for 14 days















# Social skills

#### THE NEW SOCIAL STORY BOOK

#### by Carol Gray

| code: B61 | \$ 79.95

Over 150 of the most requested social stories that teach everyday social skills to children with autism or Asperger's Syndrome, and their peers. It also teaches you how to write Social Stories. Comes with a CD containing each Social Story in ready-to-print PDFs AND easy-to-edit Word files! With the CD, you can customise story content and insert images relevant to your child or student's individual experiences. An invaluable bonus!

#### SOCIALLY SPEAKING

#### by Alison Schroeder

code: B27 \$84.95

Socially Speaking will help you to introduce and practice skills your pupils need to develop and maintain relationships and to lead independent lives outside the school context. Socially Speaking is a unique social skills programme that lasts a whole school year and is divided into three units: let's communicate, let's be friends, and let's practice.

#### SOCIALLY SPEAKING BOARD GAME

#### by Alison Schroeder

| code: O05 | \$94.95

Designed to complement the Socially Speaking book, this fun game focuses on social interaction in three key areas: home, school, and the wider community. Children are able to practice vital skills such as greetings, turn-taking, eye contact, listening, compliments, emotions, telephoning others, showing interest in what others are saying, sitting appropriately and still, asking and answering questions, using your voice effectively, developing and maintaining friendships, and more. Contains game board, 100 question cards, playing pieces and teacher's notes for 2 to 6 players. Cards can be used for whole class activities.

#### HOW TO STOP YOUR WORDS BUMPING INTO SOME-**ONE ELSE'S and other really useful stories**

#### by Anna Tullemans & Rhonda Dixon code: B08 \$29.95

This book has 18 great A4 clear pages with an excellent picture to explain so many of the common challenges students with ASD face in social and school situations. They include: Getting Someone's Attention, Starting a Conversation, Interrupting, Asking Someone to Play, What if a Person Says "No"?, Asking for Help, How loud or soft your voice should be, Waiting in Line, Waiting on the Mat and Waiting at your Desk.

#### WHY DO I HAVE TO?

#### by Laurie Leventhal-Belfer

| code: B46 | \$22.95

Looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school. Empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration. This is the ideal book for children who have difficulty coping with the expectations of daily living, as well as for their parents and the professionals who work with them.

#### WHAT DID YOU SAY? WHAT DO YOU MEAN?

#### by Jude Welton

#### code: B45 \$34.95

Jude Welton looks at a hundred of the most common figures of speech in this visual workbook designed as a springboard for family and classroom discussions. Each figure of speech is accompanied by an illustration showing its literal meaning, which will help children with ASD recognise and learn to enjoy metaphors and figurative language.



NEW



# Time timers

#### TIME TIMER MEDIUM 20cm Time Timer

code: TT 1 \$65

Used as an interactive teaching tool, this classroom-tested teaching aide reinforces the sense of elapsed time with a graphic depiction of the time remaining. The Time Timer can be used to set time limits, measure the duration of activities and train students to make better use of available time.

#### TIME TIMER SMALL

7.6 cm Time Timer

\$**50** code: TT2

7.6cm Time Timer (small) | Used as an interactive teaching tool, this classroom-tested teaching aide reinforces the sense of elapsed time with a graphic depiction of the time remaining. The Time Timer can be used to set time limits, measure the duration of activities and train students to make better use of available time.

#### **TIME TIMER PLUS**

#### | code: TT 5 | \$80

The Time Timer PLUS is a unique visual timer and the ideal solution for anyone who struggles with time. For over 20 years, children, adults and groups have used the Time Timer to stay focused, productive and relaxed throughout the day. As time elapses, the signature red disk disappears, creating a clear and simple picture of the time remaining. Portable and quiet with a protective cover, the Time Timer PLUS is a great way to promote efficient time management at work, school and home. The Time Timer PLUS is approximately 12 cm and suits the more 'destructible' child.

#### **TIME TIMER MOD**

#### | code: TT 6 | \$60

Portable and quiet with a protective cover, the Time Timer MOD is a great way to promote efficient time management at work, school and home. The Time Timer MOD is approximately 9 cm and suits the more 'destructible' child.



Primary Color Collection and Secondary Color Collection

#### **TIME TIMER MEDIUM - Learning Centre Classroom Set (Set of 3)**

\$245

With the new Learning Center Classroom Set, the Time Timer Original 8", a teacher-favorite, is now available in a multi-pack set of three. Each set comes with three timers of different colors to aid in color curriculum during the early years and for time management in color-coded classrooms.

Available in a Primary Color Collection: Red, Yellow, and Blue, or a Secondary Color Collection: Orange, Green and Purple.

Designed to be used in learning centers or stations, each set also includes 3 Dry Erase Activity Cards to label the learning centers as well as a bi-fold guide filled with Classroom Time Management and Learning Center ideas.



If you can't make it to one of Sue Larkey's 'live' workshops you can now watch the same course online.

Five 'one-hour modules' you can watch at your own convenience over a six week period.

This pre-recorded course is relevant for all teachers (early childhood, primary and secondary), parents and other professionals. In this five hour online course you will learn:

- Key Strategies from Pre-school to Secondary.
- Teaching Strategies for School and Home.
- What is ASD, ADHD, ODD, SPD.
- Promoting Understanding with Peers
- Strategies for Social Skills and Playgrounds.
- How to Increase Engagement and Learning Outcomes.
- Behaviour Support Strategies: Anxiety, Sensory and Tantrums.
- Access to bonus strategies, videos, time-savers and resources.
- Can be watched on a computer, tablet and iPhone.

For more information and to register go online to: elearning.suelarkey.com.au





# **GREAT** RESOURCES



**KIDS IN THE SYNDROME MIX** of ADHD, LD, Autism Spectrum, Tourette's, Bipolar, and More! The one stop guide for parents, teachers, and other professionals

by Martin L. Kutscher MD with contributions from **Tony Attwood** code: B91

\$42.95

BEHAVIO

Inclusive

BEHAVIOF

for the Home av

Communit

JED BAKER, Ph.D.

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Kids in the Syndrome Mix is a concise, scientifically up-to-date, all-in-one guide to the whole range of often co-existing neuro-behavioural disorders in children from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder, to autism spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction.



#### **CREATING AUTISM CHAMPIONS**

by Joy Beaney code: B162

\$54.95

A ready-to-use resource for raising autism awareness and promoting inclusion in primary schools. Helping children and staff to become 'autism champions', it is easily adaptable and includes staffltraining, a wholeschool assembly, lesson plans, photocopiable worksheets and online presentations.

# Behaviour and understanding

#### **BEHAVIOR SOLUTIONS FOR THE INCLUSIVE CLASSROOM**

#### by Beth Aune, Beth Burt & Peter Gennaro

code: B36 \$ 29.95

See a behaviour look it up! This book is a must-have for every special needs and inclusive classroom. The easy to use format allows teachers to quickly look up an in-the-moment solution and learn about what the child is communicating, and why. This book illuminates possible causes of those mysterious behaviours, and more importantly, provides solutions!

#### MORE BEHAVIOR SOLUTIONS IN AND BEYOND THE **INCLUSIVE CLASSROOM**

#### by Beth Aune, Beth Burt & Peter Gennaro

code: B37 \$ 29.95

More Behavior Solutions builds on the success of the first book by expanding the focus from within the classroom to all areas of the school environment in the hallways, cafeteria, and auditorium, on the playground, and in therapy sessions during the school day. See a particular behaviour? Quickly look it up and find an immediate solution.

#### **BEHAVIOR SOLUTIONS FOR THE HOME AND** COMMUNITY

#### by Beth Aune, Beth Burt & Peter Gennaro

code: B102 \$ 29.95

A tool for parents and carers who have children whose behaviours are impeding their daily life. Once they see a particular behaviour, they can guickly look up an in the moment solution, and then read more about what could be causing that behaviour, and more importantly, how to overcome it. This helpful book is intended to provide general, practical solutions for busy (and often overwhelmed) parents and carers who can benefit from a handy reference guide to help them address common behaviours at home and in the community. A must have for every home with a child with autism!

#### **NO MORE MELTDOWNS**

#### by Dr Jed Baker

code: B26 \$29.95

With 150 pages of wonderful information and strategies for home and school this book is divided into three areas: The Problem, The Solution and Plans. It is interwoven with stories of how the strategies have been used with different children. Chapters include: Meltdowns: When rewards and punishments are not enough!, What are Meltdowns made of? Creating a prevention plan.

#### **TEN THINGS EVERY CHILD WITH AUTISM WISHES YOU KNEW - 2nd EDITION**

#### by Ellen Notbohm

code: B43 \$34.95

Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humour and compassion, the book describes ten characteristics that help illuminate - not define - children with autism.

#### **ASPERGIRLS**

#### by Rudy Simone

\$40.95 code: B64

Girls with Asperger's Syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available. The image of coping well presented by AS females of any age can often mask difficulties, deficits, challenges, and loneliness. This book is essential reading for anybody interested professionally or personally in Asperger's Syndrome and girls.



## Anxiety and mental health

#### **PEOPLE WITH AUTISM BEHAVING BADLY**

#### by John Clements

#### | code: B60 | \$42.95

People with autism spectrum disorder may often behave in ways that cause difficulties for themselves and those who care for them. People with Autism Behaving Badly offers effective, long-term strategies to help resolve common problem behaviours such as physical aggression, self-injury, verbal abuse, rudeness and property damage. The book is organised around the common messages conveyed by behaviours and some of the underlying issues that drive these messages. Practical ideas for intervention are provided and illustrated by case examples.

# UNDERSTANDING AND TREATING SELF-INJURIOUS BEHAVIOR IN AUTISM

#### 

Self-injurious behaviour (SIB) occurs in almost half of those with autism and is one of the most devastating and challenging-to-treat behaviours. With contributions from the leading experts in research and treatment, this book provides a comprehensive analysis of self-injurious behaviour in people with ASD or related developmental disabilities, and the different methods available to treat them.

#### **OVERCOMING ANXIETY IN CHILDREN AND TEENS**

#### by Jed Baker

#### code: B141 \$29.95

Describes motivational techniques, cognitive behavioural strategies, exercises, relaxation and mindfulness guides to lower anxiety to the point where individuals can begin to confront their fears. The book covers simple phobias, social phobia, selective mutism, separation anxiety and school refusal, panic disorder, obsessive compulsive disorder, somatic symptom disorder and/or illness anxiety disorder, generalised anxiety disorder, perfectionism, and other common fears.

# AUTISM SPECTRUM DISORDER AND DE-ESCALATION STRATEGIES

#### by Steve Brown

code: B136 \$39.95

Discussing a variety of de-escalation and behaviour management strategies, this book offers practical guidance on using non-physical and physical interventions to support children (aged 3-18) on the autism spectrum or with emotional, social and behavioural difficulties, and to keep them and others safe.

# A MUST HAVE!



#### FROM ANXIETY TO MELTDOWN

How Individuals on the Autism Spectrum deal with anxiety, experience meltdowns, manifest tantrums, and how you can intervene effectively

#### by Deborah Lipsky code: B59

\$45.95

Anxiety is the root cause of many of the difficulties experienced by people on the autism spectrum, and is often caused by things such as a change in routine, or sensory overload. Deborah Lipsky takes a practical look at what happens when things spiral out of control, exploring what leads to meltdowns and tantrums, and what can be done to help.

#### **Autism and Mental Health**

"Almost 75 percent of adults who have Aspergers Syndrome are vulnerable to feeling sad, but about one third of children and adults with Aspergers Syndrome have clear signs of clinical depression. The reasons why a person who has Aspergers Syndrome can feel depressed include low self-esteem due to being ridiculed, bullied and rejected by peers, the mental exhaustion from trying to succeed socially, feeling desperately lonely, chronic and prolonged anxiety, believing and internalising criticism from family members and empathetic sensitivity to the suffering of others."

#### Dr Tony Attwood

STEVE BROWN

Recognising and exploring the relationship between ASD and mental health difficulties is vital so that each condition can be addressed successfully. The books on this page are invaluable sources to help understanding and recognition – and guide you to strategies to support.



# WORLD BEST

#### ASPERGER'S SYNDROME: A Guide for Parents and Professionals

#### by Dr Tony Attwood

code: B12

\$40.95

This guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. It provides



a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce the most conspicuous or debilitating.

#### THE COMPLETE GUIDE TO ASPERGER'S SYNDROME

by Dr Tony Attwood code: B13

\$57.95

The definitive handbook for anyone affected by Asperger's Syndrome (AS), it brings together a wealth of information for children through to adults. Essential



reading for families and individuals as well as teachers, professionals and employers coming in contact with people with AS. This book is a must for anyone who needs to know about this condition.



Dr Tony Attwood on demand workshops

suelarkey.com.au







# Dr Tony Attwood's books

#### **BEEN THERE. DONE THAT. TRY THIS!**

#### edited by Tony Attwood, Craig R Evans & Anita Lesko code: B115

Temple Grandin, Liane Holliday Willey, Anita Lesko, Stephen M. Shore, and many other Aspie mentors, offer their personal guidance on coping with the daily stressors that Aspies have identified as being the most significant, in order of urgency – anxiety, self-esteem, change, meltdowns, depression, friendship, love, and much, much more. Based on years of personal experience, this book is packed with advice from Aspie mentors who have all been there and done that! World expert Dr Tony Attwood rounds up each chapter with professional analysis and extensive recommendations. He includes essential information on destructive strategies that may look attractive, but that have counterproductive effects.

# EXPLORING FEELINGS: Cognitive Behaviour Therapy toManage Anxiety| code: B21| \$39.95

# EXPLORING FEELINGS:Cognitive Behaviour Therapy toManageAnger| code: B22| \$39.95

#### by Dr Tony Attwood

Guides for caregivers and professionals each with a workbook section allowing children to identify situations that make them anxious or angry and learn how to perceive the situation differently and learn appropriate responses. Learning about emotions helps children recognise connections between thinking and feeling, and helps them identify the physiological effects of anxiety and anger on the body. These programmes can be implemented by anyone working with a child with ASD.

#### **EXPLORING FEELINGS:** for Young Children with High-Functioning Autism or Asperger's Disorder: The STAMP treatment manual

#### by Angela Scarpa, Anthony Wells & Dr Tony Attwood

code: B20 \$54.95

Young children with autism have particular difficulty in understanding and controlling their emotions, especially when those emotions are negative. This practical manual for professionals provides a set of simple strategies to help children with high-functioning autism or Asperger's Syndrome who suffer from mood difficulties to decrease negative feelings and increase positive feelings in daily life.

#### **EXPLORING DEPRESSION, AND BEATING THE BLUES**

#### by Tony Attwood & Michelle Garnett

| code: B154 | \$42.95

Written by leading experts in the field, the book draws on the latest thinking and research to suggest strategies for coping with the effects of depression and provides a complete step-by-step CBT self-help programme, designed specifically for individuals with ASD. The programme helps increase selfawareness, including identifying personal triggers, and provides the tools to combat depression.

# **DEVELOPING EARLY CHILDHOOD APPROACHES** FOR CHILDREN WITH ADDITIONAL NEEDS



#### In this five hour Accredited Online Course you will learn:

#### **TEACHING STRATEGIES**

- Understanding Different Learning Styles
- Talking to Families/Carers about Diagnosis
- How to use Different Ways of Teaching How to help children develop
- communication (verbal & non verbal)
- Visual Strategies
- Steps to Develop an Individual Programme
- How To Teach Foundation Skills
- 6 Stages of Play
- How to create an inclusive play program
- The Impact of Executive Functioning

#### **BEHAVIOUR SUPPORT**

- What is Sensory Processing
- · Disorder or Sensory Issues
- How to create an Individual Sensory Programme
- What are Sensory Meltdowns
- Behaviour Management Strategies
- Tantrums Verses Meltdown
- Common Causes of Behaviour Meltdowns
- 3 Steps to Positive Behaviour Support

Sue Larkey is a highly qualified special educator who has taught in

mainstream and special schools. She is currently working toward a Doctorate of Education focussing on inclusive schooling. She has authored several books and resource materials. Sue is unashamedly passionate about her mission - to

inspire parents and educators and teach them how to Make it a Success.

#### **CERTIFICATE PROVIDED ON COMPLETION OF 5 HOUR COURSE ONLY**

#### WHO SHOULD ATTEND?

Anyone Working, Supporting or Living with children under 6 years old. Including Pre-Schools, Kindergartens, Kindies, Day Care, Nursery Schools, Long Day Care and Child Care Centers.

# **REGISTER ONLINE**

#### elearning.suelarkey.com.au

Early Childhood Settings and other Organisations wishing to register groups of Staff or for use in Staff Meetings for Professional Development please email:

support@suelarkey.com.au

66 I must say Sue's course was absolutely INCREDIBLE! I pride myself on knowing quite a bit about supporting students but I learnt so much in this course. The way Sue speaks is so engaging and the wealth of information she has to share is amazing. I cannot recommend this course highly enough."

- Lauren

# **BONUS: 2 HOURS**

Once you have completed the **5 hour** Online Course you will have access to a SPECIAL 2 hour training video on Key Strategies for Success. Separate Certificate provided for this additional 2 hours of Teacher Identified PD

5 hours of Registered Professional Development for the maintenance of accreditation at Proficient Teacher/Professional Competence,

NSW (NESA Accredited PD Hrs), ACT (TQI), VIC (VITMaintenance) & QLD, SA, WA,

TAS, NT to Australian Teachers Standards See Website for details

#### Sue Larkey







# Helping children understand and manage their emotions



#### THE RED BEAST: Controlling Anger in Children with Asperger's Syndrome

#### by K.I. Al-Ghani | code: B38 | \$42.95

This vibrant, fully illustrated children's storybook is written for children aged 5+, and is an accessible, fun way to talk about anger. It has useful tips about how to 'tame the red beast' and guidance for parents on how anger affects children with Asperger's Syndrome.

#### THE PANICOSAURUS: Managing Anxiety in Children Including Those with Asperger's Syndrome

#### by K.I. Al-Ghani

#### code: B39 \$40.95

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety, and encourage them to banish their own Panicosauruses with help from Mabel's strategies. Parents and carers will like the helpful introduction, explaining anxiety in children, and the list of techniques for lessening anxiety at the end of the book.

#### THE DISAPPOINTMENT DRAGON: Learning to cope with disappointment (for all (

Learning to cope with disappointment (for all children and dragon tamers, including those with Asperger Syndrome)

#### by K.I. Al-Ghani

code: B41 \$40.95

The Disappointment Dragon sometimes comes to see us all and, if we let him, he can make us feel sad or angry. The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment. There are many creative suggestions on how to banish the Disappointment Dragon and an introduction for adults explaining disappointment in children and how they can help.

#### THE GREEN-EYED GOBLIN

#### by K.I. Al-Ghan

code: B156 \$40.95

This illustrated storybook explains jealousy through the story of Theo and his Green-Eyed Goblin. It will encourage children to talk about their feelings and learn how to subdue their own Green-Eyed Goblin for good. A section of tried and tested techniques for using with children, and a helpful introduction for parents and carers is included.

# THE KIDS' GUIDE TO STAYING AWESOME AND IN CONTROL

#### by Lauren Brukner

code: B111 \$40.95

For ages 7–14 years. From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, this book is brimming with fun stufflto help kids feel cool, calm and collected. They will learn how to label difficult feelings, choose the perfect strategies and tools to tackle them, and use these correctly whether at home or at school. The strategies and tools are accompanied by cartoon-style illustrations, and the author includes useful tips for parents and teachers as well as handy visual charts and checklists to track learning and progress.

# STAY COOL AND IN CONTROL WITH THE KEEP-CALM GURU

#### by Lauren Brukner

code: B157 \$40.95

For ages 7–14 years. This illustrated book introduces wise ways for children to recognise and cope with anxiety, anger, frustration, and other difficult emotions. Using everything from yoga poses and pressure holds, to deep breathing and relaxing colouring activities, the Keep-Calm Guru shows kids how to take back control and feel cool, calm, and just right. Suitable for children with sensory and emotional regulation difficulties.

# Sue's top picks for self regulation



#### SELF-CONTROL TO THE RESCUE

#### by Lauren Brukner code: B163 \$40.95

For ages 4 – 7 years. An illustrated resource packed with strategies and exercises for children to regulate emotions and overcome the challenges of the most difficult times in a typical day. Simple solutions and guidance can be adapted into any child's daily routine with tips and extra resources for parents and educators.



#### HOW TO BE A SUPERHERO CALLED SELF-CONTROL

#### by Lauren Brukner code: B142

\$40.95

For ages 4–7 years. Narrated by a superhero called Self-Control, this illustrated book provides a variety of super power strategies to help children with emotional and sensory regulation difficulties to master self-control.











# CELEBRATE DIFFERENCE



# ALL BIRDS HAVE ANXIETY by Kathy Hoopmann code: B164 \$31.95

All Birds Have Anxiety explores the symptoms of anxiety disorder and their impact on dayto-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety.



#### I AM AN ASPIE GIRL

by Danuta Bulhak-Paterson; Foreword by Tony Attwood code: B 144

Lizzie is an Aspie Girl – she has Asperger Syndrome, which means that her brain works differently to her friends and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.



#### **INSIDE ASPERGER'S LOOKING OUT**

code: B09 \$31.95

Through engaging text and full-colour photographs, this book shows neurotypicals how Aspies see and experience the world. Each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights and strong smells, to literal thinking and difficulty understanding social rules and reading body language and facial expressions. At the same time, the book highlights and celebrates the unique characteristics that make those with Asperger's Syndrome special.

#### **ALL CATS HAVE ASPERGER SYNDROME**

#### by Kathy Hoopmann

by Kathy Hoopmann

code: B10 \$31.95

This book takes a playful look at Asperger Syndrome (AS), drawing inspiration from the feline world in a way that will strike a chord with all those who are familiar with AS. This engaging book is an ideal, gentle introduction to the world of Asperger Syndrome.

#### **ALL DOGS HAVE ADHD**

| by Kathy Hoopmann

| code: B14 | \$31.95

All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world to explore a variety of traits that will be instantly recognisable to those who are familiar with ADHD.

#### **GUS THE ASPARAGUS**

by Kaylene Hobson & Ann-Marie Finn | code: B143 | \$29.95

Meet Gus! Gus might be the only asparagus in his family, but he is happy. However, when he goes to school he starts to realise that he doesn't always 'fit in'. Gus is here to help kids understand that it's okay to be different. He will soon become a favourite with anyone who has ever felt a little bit out of place, kids and adults alike.

#### **MY FRIEND WITH AUTISM**

by Beverly Bishop

#### | code: B55 | \$29.95

With vivid illustrations and a charming storyline this book will foster tolerance and understanding among peers. A peer narrator explains that his friend with autism is good at some things and not so good at others – just like everyone else. In an informative, positive tone, he addresses issues such as sensory sensitivity, communication differences, unique ways of playing and insistence on routine.

# \* Reading is for everyone!

Make time to share a book with your class, family, and community about ASD. Books are a fantastic way to communicate the complex nature of ASD and help EVERYONE understand. With better understanding about difference, children learn to *Embrace Difference to Make a Difference*.

#### These book provide a valuable resource for:

- Teachers wishing to convey to their students the behavioural characteristics of children with ASD.
- Families to share with child with ASD, siblings, cousins and extended family.
- Preschools and Schools wanting to discuss diversity and explain ASD,
- Increasing tolerance and understanding of children who think and behave different to their peers.
- Supporting children with ASD, to understand ASD and that it is okay to be different.

# Great series for children

# Starving the Gremlin Series

Help children to understand and manage their feelings of anxiety, anger and stress with these engaging and imaginative workbooks. Based on cognitive behavioural principles, these workbooks use fun and imaginative activities to teach children how to manage these emotions by changing how they think and act - getting rid of their Gremlins for good!

#### **STARVING THE ANXIETY GREMLIN**

| code: B106 | \$40.95 | by Kate Collins-Donnelly For ages 10+.

#### **STARVING THE ANGER GREMLIN**

by Kate Collins-Donnelly For ages 10+.

#### **STARVING THE STRESS GREMLIN**

by Kate Collins-Donnelly For ages 10+.

#### **STARVING THE EXAM STRESS GREMLIN**

| by Kate Collins-Donnelly For ages 10+.

| code: B165 | \$40.95

| code: B107 | \$40.95

| code: B108 | \$40.95

#### **STARVING THE ANXIETY GREMLIN FOR CHILDREN AGED 5-9**

by Kate Collins-Donnelly

**STARVING THE ANGER GREMLIN FOR CHILDREN AGED 5-9** | by Kate Collins-Donnelly

code: B110 \$40.95

code: B109 \$40.95

# The Can I tell you about..? Series

The 'Can I tell you about...?' series offers simple introductions to a range of limiting conditions and other issues that affect our lives. Friendly characters invite readers to learn about their experiences, the challenges they face, and how they would like to be helped and supported. These books serve as excellent starting points for family and classroom discussions. For ages 7+.

#### **CAN I TELL YOU ABOUT OCD?**

by Amita Jassi

code: B84 | \$28.95

#### **CAN I TELL YOU ABOUT AUTISM?** by Jude Welton

code: B31 \$28.95

CAN I TELL YOU ABOUT ASPERGER SYNDROME?				
by Jude Welton	code: B33	\$28.95		

#### **CAN I TELL YOU ABOUT ANXIETY?**

by Lucy Willetts & Polly Waite

code: B129 \$28.95

#### **CAN I TELL YOU ABOUT DYSPRAXIA?**

by Maureen Boon

code: B130 \$28.95

#### **CAN I TELL YOU ABOUT ADHD?**

by Susan Yarney

| code: B131 | \$28.95







#### WINSTON WALLABY CAN'T STOP BOUNCING

 by K.I. Al-Ghani & Joy Beaney

 code: B166
 \$••:95

For ages 5 – 10 years. This illustrated storybook explains hyperactivity through the story of Winston Wallaby and his uncontrollable bouncing at school. It allows children with ADHD, SPD and ASD to recognise and support their additional sensory needs. A helpful introduction for parents/carers and appendices with strategies to be used at home and in school are included.



#### AUTISM AND EVERYDAY EXECUTIVE FUNCTION A Strengths-Based Approach for Improving Attention, Memory, Organization and Flexibility

| by Paula Moraine | code: B169 | g

\$54.95

Outlining eight 'Autism Access Points', this book is a helpful guide to understanding, accessing and strengthening executive function skills in individuals with Autism Spectrum Disorder (ASD). Supportive and user-friendly, the ideas in this book provide a roadmap to developing essential organisational and planning skills.









# Organising and engaging

#### HELPING KIDS AND TEENS WITH ADHD IN SCHOOL

by Joanne Steer & Kate Horstmann | code: B23

code: B23 **\$54.95** 

This fun and interactive workbook is aimed at actively engaging young people with ADHD and supporting them. Using tried-and-tested strategies and top tips, this fully-photocopiable workbook will help adults to work collaboratively with young people to learn, test strategies, set goals and develop comprehensive support plans around individual needs.

#### HELPING STUDENTS WITH AUTISM SPECTRUM DISORDER EXPRESS THEIR THOUGHTS AND KNOWLEDGE IN WRITING

by Elise Geither & Lisa Meeks

code: B101 \$47.95

A practical guide to teaching and improving writing skills in students with ASD to meet academic writing standards and prepare for the increased expectations of higher education. Covers key considerations for all educators teaching writing skills to high school and college students with ASD including how to address difficulties with comprehension, executive functioning, and motor skills, how to structure ideas into a coherent argument, and how to develop creativity and expression in writing, as well as how to successfully adapt these skills to meet university expectations. Each chapter includes teaching tips, insightful student perspective, and ready-to-use writing exercises.

#### **EXECUTIVE FUNCTION "DYSFUNCTION"**

#### by Rebecca Moyes

code: B114 \$42.95

Containing a wealth of helpful information as well as tried-and-tested strategies, this is the perfect book for parents and educators of children with executive function difficulties. The author describes the cognitive processes that make up the executive functions, including attention, behavioural inhibition, theory of mind, organisational skills, time management, planning, decision-making, and self-talk. Using real examples, she describes how difficulties in each of these areas may manifest, and offers practical hints, tips, and accommodations for supporting children both in and out of school.

#### **ORGANIZE YOUR ADD/ADHD CHILD**

by Cheryl R Cater

code: B127 \$31.95

This book addresses the issues of organisation and time management in relation to ADD/ADHD, suggesting practical ways of organising your child's day and turning chaos into calm. Accommodating short attention spans and short fuses, Cheryl Carter shows how, by using the F.I.R.S.T method (Fun, Individualism, Rules, Simplicity and Time management), even the most hyperactive and easily distracted of children can be taught to make their bed, pack their school bag, and generally get organised! The author recognises that children hate anything that is boring, and finds fun ways around even the most mundane of tasks. Her no-nonsense, step-by-step strategies, in combination with positive affirmations and realistic demands, will get ADD/ADHD children organised, and from A to B without a hitch.

# Teen years and beyond





by Michelle Rigler, Amy Rutherford & Emily Quinn | code: B170 | \$59.95

This practical college curriculum helps students with Autism Spectrum Disorder (ASD) to begin to make the transition to the next stage of life – their career. With detailed personality and skills profiling, job-hunting strategies, and interview preparation, it is an ideal textbook for ASD college programs or for student self-study.

#### THE WONDERFUL WORLD OF WORK

#### by Jeanette Purkis code: B119

This hands-on workbook demystifies the world of work in order to help teenagers with ASD feel confident in their ability to be successful at their studies and get a job. Each chapter talks the teen through a different element of employment, including the benefits of having a job, why education is important, how to write a resume and succeed at job interviews, and the advantages and disadvantages of autism in the workplace. A variety of different industries and jobs are explored to encourage teens to begin to think about careers that might appeal to them and suit their skills and interests.

#### THE ASPIE TEEN'S SURVIVAL GUIDE

#### by J.D. Kraus code: B82 \$38.95

The teenage years are a time when being social is the #1 priority for kids. But for kids with Asperger's, who have acute social challenges, these years can be the most difficult, confusing time in their lives. Enter J. D. Kraus, a young man who has been there, done that! He offers practical advice to his peers so they can get the most out of middle school and high school, both academically and socially.

#### **FREAKS, GEEKS AND ASPERGER SYNDROME** A useful guide to adolescents

by Luke Jackson

code: B35 \$42.95

\$48.95

Luke Jackson is 13 years old and has Asperger Syndrome. Drawing from his experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and more.

#### **PREPARING FOR LIFE:** The Complete Guide for Transitioning to Adulthood for those with Autism and Asperger's Syndrome

by Jed Baker

| code: B150 | \$46.95

Easy to follow resource provides a complete toolbox of social skills and the means to attain them so that students may approach their futures with excitement rather than anxiety. Tackles a wide variety of issues across the spectrum, such as perspective-taking, nonverbal communication skills, conversational skills, and stress management.



#### THE ASPERGER TEEN'S TOOLKIT | by Francis Musgrave | code: B167 | \$4

\$40.95

With minimal text and fun, comic book style graphics, this is a treasure trove of information for young people with Asperger Syndrome and their carers. Exploring the science of how the human mind works, it gives handy tips on how to cope with all elements of the adult world, including responsibilities, health, sex and relationships.



#### BE BULLY FREE: A HANDS-ON GUIDE TO HOW YOU CAN TAKE CONTROL

by Michael Panckridge & Catherine Thornton code: B168

\$40.95

Seeking to empower children who are bullied, this book presents a wide range of common bullying scenarios, before giving practical suggestions on how the recipient can take control in these situations. Written in a young adult fiction style, this is an essential resource for children who are experiencing bullying.



D. Kyats

#### SECRET BOYS' BUSINESS AND SECRET GIRLS' BUSINESS SERIES

#### by Heather Anderson, Fay Angelo & Rose Stewart

As sex education is an important aspect of a child's development, the authors have written and published a series of puberty books to prepare and support boys and girls for puberty. For children with special needs, including intellectual disability, physical disability, communication disorder and autism, there is a series of disability puberty books. The books are easy to understand, provide practical information and have attractive illustrations to help girls and boys manage this stage of their life with confidence. Schools will find all of these puberty education books a valuable resource.

#### Secret Boys' Business

for boys	code: B85	\$17.00	
Secret Girls' B for young girls	usiness   code: B86	\$15.00	
More Secret G for older girls	irls' Business   code: B87	\$17.00	
	Business for boys		
	Business for girls v code: B89		
Puberty and Special Girls   code: B90   \$45.00			

The Secret Business of Relationships, Love and Sex | code: B148| \$20.00

# MAKING SENSE SEX

#### by Sarah Attwood

#### code: B49 \$40.95

Puberty is a time of huge change in the physical body, in emotional experience and in social relationships. Having an understanding of these developments and learning how to deal with them is essential, and for people with Asperger's Syndrome it can be a challenge to get to grips with the social and emotional aspects of puberty, sex and relationships. This book is ideal for those who need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity.

**Puberty and sex education** 



# Sensory

# THE GUIDE TO OCCUPATIONAL THERAPY FOR AUTISM AND OTHER SPECIAL NEEDS

by Cara Koscinski

code: B158 \$40.95

With the help of this handy guide, you can bring tried and tested occupational therapy activities into home and pre school and encourage your child to succeed with everyday tasks while having fun in the process. This expanded edition of the award-winning book includes new advice on toilet training, coping with changes in routine, repetitive behaviours, self-regulation and much more. The simple explanations and easy exercises will soon make daily activities enjoyable and productive.

# SENSORY PERCEPTUAL ISSUES IN AUTISM AND ASPERGER SYNDROME, SECOND EDITION

bv	Olda	Boada	ashina	
	oiya	Dugue	JIIIIa	

code: B74 \$47.95

The fully revised edition of this bestselling book brings the understanding of sensory perceptual issues in autism up to date with current research. It describes sensory perceptual experiences and sensitivities and explains the cognitive differences caused by them. The final chapters are devoted to assessment and different methods of intervention.

#### ARE YOU FEELING COLD, YUKI

by K.I Al-Ghani

code: B161 \$40.95

A fun and enlightening book to explain interoception to children. Often such a misunderstood fundamental cause of many 'out of sorts' behaviours. Beautifully explained and illustrated book to help everyone understand this vital concept.

SONGAMES FOR SENSORY PROCESSING

by Aubrey Lande & Bob Wiz

code: B76 \$49.95

Fun and engaging for kids aged 3-8, Songames are musical activities for improving fine and gross motor skills, muscle strength, and rhythmicity. Comes with CDs and companion booklet which explains how to use music to enhance specific skills.

# SIMPLE LOW-COST GAMES AND ACTIVITIES FOR SENSORIMOTOR LEARNING

#### by Lisa A Kurtz

code: B123 \$39.95

Packed full of fun, this book encourages the development of motor skills, coordination and sensory tolerance in young children. Using cheap readilyavailable materials, these games and activities are appropriate for all children, including those with autism, ADHD, Sensory Processing Disorders. The book includes clear descriptions of how to carry out each activity, helpful illustrations, and ways to adapt activities according to the child's individual needs. A comprehensive reference guide enables easy searching for games suited to the development of particular skills.

# SCISSORS

A range of ergonomically adapted scissors designed to help children with special needs to develop skills to using scissors. Light weight, easy grips, round ended blades and available in left or right handed.

#### 9 Reasons to develop scissor skills:

- Increases manual dexterity
- Improves handwriting
- Improves dressing skills
- Removes frustration
- Increases self-esteem
- Increases independence
- Allows greater integration with class-mates
- Increases opportunity for expressing creativity
- Creativity allows for sense of achievement

#### Long Loop Self-Opening Scissor code: ST40 LLS0 \$19





#### Long Loop Easi-Grip Scissor | code: ST40 LLEG | \$19



Mini Easi-Grip Scissor(used for both left and right handers)| code: ST40 MEG\$19





You Feeling

# Sensory tools

#### **PENCIL GRIPS**

Crossover	code: O 03(CO)	\$4.00
Pinch Grip	code: O 03(PG)	\$4.00
Standard	code: O 03	\$4.00

\$3.00

For left and right handers. The Crossover Grip uses the same great design as the Standard Pencil Grip but added wings to prevent fingers from crossing over each other. The NEW Pinch Grip balances the structure of the Crossover Grip with the freedom of the Standard Grip. The Grips can be used as a three step process starting with Crossover, then Pinch Grip and finally Standard.



PUNKI WRIST BAND



KEYCHAIN BENDABLE SMILEY MAN \$3.50



**SPINNING TOP** 

\$1.00





**WOODEN MASSAGER** 

\$6.00



SMILEY FACE STRESS BALL \$3.00



\$4.00



**SINKING PUTTY** 



IMPROBABLE CONSTRUCT FIDGET \$6.00



#### **MINI BEAN CHAIR**

Ages 6-12 - \$55.00 Takes approx 220 litres of beans not included.

#### Ages 1-6 - \$60.00

Takes approx 80 litres of beans not included.



Many more sensory tools and resources are available at www.suelarkey.com.au



WATER BALL





These mini beans chairs are better than standard bean bags because the bag is already set in the position to sit comfortably in, as opposed to normal bean bags which you have to wriggle around in to get comfy. The sides give children more of an encased feeling. Comes with an inner liner so can be removed for cleaning.

\$4.00

On-Demand Courses to Help you Support & Teach Neurodiverse Children		
ONLINE COURSE	Making it a Success: Teaching Strategies & Behaviour Support.	Developing Early Childhood Approaches for Children with Additional Needs.
PRESENTER	Sue Larkey (Teacher)	Sue Larkey (Teacher)
EARLY YEARS		
PRIMARY	<b>V</b>	
POST-SCHOOL		
IN THIS COURSE YOU WILL LEARN	<ul> <li>✓ Key strategies from Pre-School to Secondary.</li> <li>✓ Teaching Strategies for School &amp; Home.</li> <li>✓ What is ASD, ADHD, ODD &amp; SPD . Promoting Understanding with</li> <li>✓ Peers.</li> <li>✓ Strategies for Social Skills &amp; Playgrounds.</li> <li>✓ How to increase Engagement &amp; Learning Outcomes. Behaviour Support Strategies:</li> <li>✓ anxiety, sensory &amp; tantrums</li> </ul>	<ul> <li>✓ How to use Different Ways of Teaching</li> <li>✓ Teaching Strategies for</li> <li>✓ School and Home How to help children develop communication (verbal &amp; non-verbal)</li> <li>✓ Steps to Develop and</li> <li>✓ Individual Program Behaviour Management</li> <li>✓ Strategies &amp; Positive Support How to create an Individual</li> <li>✓ Sensory Program Tantrums v Meltdowns</li> </ul>
AUSTRALIAN PROFESSIONAL STANDARDS (ALL STATES)	$\checkmark$	$\checkmark$
NESA ACCREDITATION	$\checkmark$	$\checkmark$
TQI ACCREDITATION	$\checkmark$	$\checkmark$
COURSE DURATION	5 HOURS	5 HOURS
COURSE COMPLETION (CAN EXTEND AT ANY TIME)	6 WEEKS	6 WEEKS

## ONLINE COURSE

Strategies & Insights to inform your teaching Practice Autism Spectrum Disorder: a different way of thinking, learning & managing emotions.



## ONLINE COURSE

How Teacher Assistants can Help Support Students who Learn & Engage Differently Lived Experience of Role of TA to support diverse learners (Dean Beadle) - NEXT STEP

Behaviour Strategies for Teacher Assistants to Support Neurodiverse Students





Group discounts available contact: support@suelarkey.com.au

# **2024 WORKSHOPS**

#### **New South Wales**

Live Virtual Live Virtual Port Macquarie Sutherland Orange Live Virtual (Split) Albury Tamworth Burwood

#### Queensland

Live Virtual Sunshine Coast Brisbane Live Virtual (Split)

Victoria

Live Virtual Live Virtual Live Virtual (Split) Bulleen Albury

#### South Australia

Live Virtual Live Virtual Live Virtual (Split) Adelaide

#### **Australian Capital Territory**

Live Virtual Live Virtual Live Virtual (Split) Canberra Friday 19th January Friday 1st March Tuesday 19th & 26th March Friday 22nd March

#### Tasmania / Northern Territory / Western Australia/ New Zealand

Live Virtual Live Virtual Live Vitual (Split) Friday 19th January Friday 1st March Tuesday 19th & 26th March

New Zealand

**Education Events Limited** 

Email: dearne@suelarkey.com.au

For more workshop dates and locations, to reserve your place or download a registration form go to **suelarkey.com.au** 

#### **Endorsement providers**

Accreditation for AL States: VC (V T Mnt enance) NSW (N ESA, QTC, № P ACT, TQ) QD, WA, SA, TAS, and NT. For more information refer to flyers on website.

Australia

Education Events PTY Limited PO Box 8167, Orange, NSW 2800

Email: dearne@suelarkey.com.au

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Friday 19th January Friday 1st March Thursday 7th March Friday 8th March Friday 15th March Tuesday 19th & 26th March Thursday 16th May Thursday 23rd May Thursday 30th May

NESA Accredited

Friday 1st March Thursday 22nd February Friday 23rd February Tuesday 19th & 26th March

Friday 19th January Friday 1st March Tuesday 19th & 26th March Friday 10th May Thursday 16th May

Friday 19th January Friday 1st March Tuesday 19th & 26th March Friday 31st May

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- View the range of upcoming workshops and speakers
- Download workshop registration forms
- Shop online
- Browse products and see what else is available
- Download free recipes and play schedules
- View links to TV shows, YouTube clips and other great stories
- Online seminars from the comfort of your own home



and receive our regular Newsletter plus many more books and resources are available at suelarkey.com.au



All prices include GST. Please refer to the order form for postage and packaging costs. Prices are valid at the time of publication (January **2024**), but subject to change without notice.



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