Top 12 Tips to Set Up for Success



- 1. Understand the child's difference (strengths and challenges), accept their different way of thinking, learning, socialising, etc.
- 2. Break it down. Break tasks down into smaller parts and give them each step sequentially. If possible, give them a checklist to mark off as they do each step. Do NOT expect the children to multitask! Allow them extra time to get it done, but let them finish! It is important to finish one task before going to another.
- 3. Slow it down. Be aware of communication difficulties. Allow time to process verbal information, use visuals, and don't overload them with verbal information.
- 4. Use their special interests to motivate and engage their strengths are motivated by their interest.
- 5. Show them what is expected and what is happening, then they have less need to fight for control (i.e. schedules, routines, timers).
- 6. Be careful how you use words, their literalness can mean they misunderstand you. Avoid words like 'could', 'would', 'can' as they perceive them as a choice, e.g. "Can you start work" can be seen as a choice.
- 7. Use visuals to support learning: schedules, photos, pictures, symbols, timetables, highlight key information, mind maps, etc.
- 8. Prepare by previewing. If possible 'preview' the learning ahead of time, to give a mental framework of what is being presented or what is next.
- 9. Check in regularly don't wait for the student to ask for help check in (learning, social and behaviour).
- **10.** Computers and iPads are enabling for so many people with ASD, they can help build connections and confidence.
- 11. They find it hard to see things from other people's perspective. This is known as 'theory of mind'. They might also find it hard to understand and predict other people's behaviour, and to understand how their behaviour affects others.
- **12.** They often find it hard to recognise facial expressions and the emotions behind them. They may miss facial cues from adults about behaviour, or social cues from peers.

RECOMMENDED RESOURCES

The Ultimate Guide to School and Home

By Sue Larkey and Anna Tullemans



The Essential Guide to Secondary School

By Sue Larkey and Anna Tullemans



Making it a Success By Sue Larkey



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