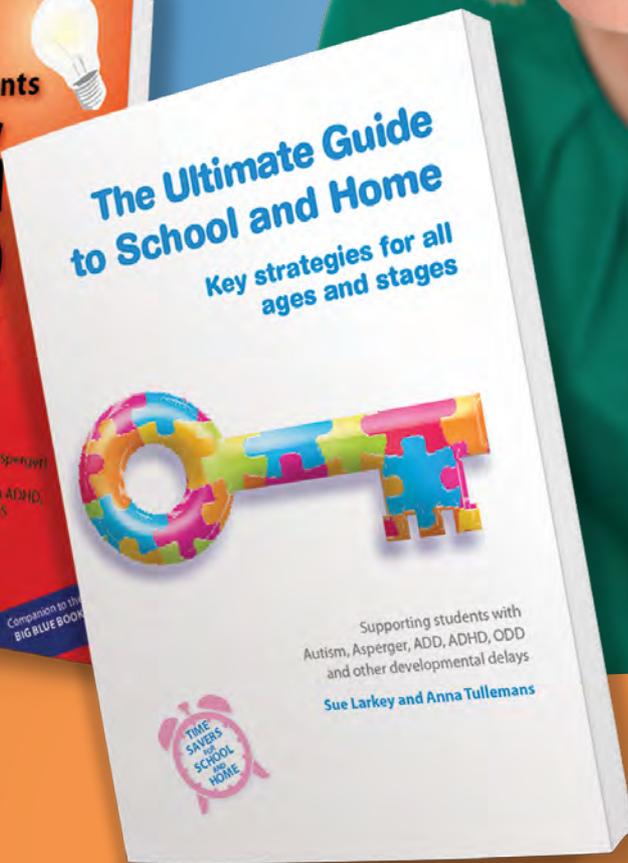
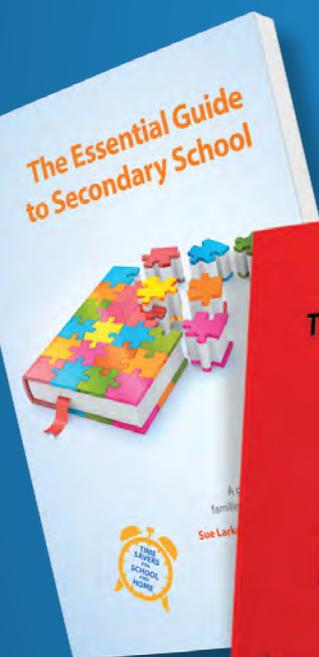


# Sue Larkey

CATALOGUE 2019

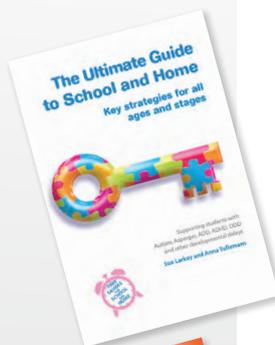
School and home resources for children with Autism Spectrum Disorder, ADHD or other developmental disabilities



# Sue Larkey

Sue Larkey is a highly qualified special educator in mainstream and special schools. She has authored several books and collections of resource materials and offers practical strategies for autism spectrum disorder in the school and home.

Sue is uniquely positioned within the education system having taught both as a primary school teacher and a special education teacher. She has taught students with autism spectrum disorder in the mainstream and at a specialist autism school. She combines this practical experience with extensive research, having completed a Masters in Special Education and currently undertaking a Doctorate in Education. Sue is unashamedly passionate about her mission – to inspire parents and educators and teach them how to *Make it a Success.*



## Books by Sue Larkey

### THE ULTIMATE GUIDE TO SCHOOL AND HOME

| by Sue Larkey & Anna Tullemans | code: B 96 | \$44.95

This book provides key strategies for all ages and stages. It offers over 500 practical strategies and time savers for school and home. Everything from setting up a classroom, developing friendships, engaging disengaged students; to moving house, choosing a school and applying for a job. It is the ultimate guide for teachers, parents and all professionals supporting children with autism spectrum disorder, including Aspergers, ADD, ADHD, ODD and other developmental delays.



### TEACHER ASSISTANTS BIG RED BOOK OF IDEAS

| by Sue Larkey & Anna Tullemans | code: B 15 | \$39.95

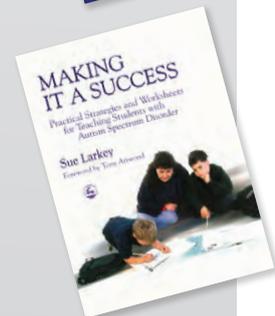
Hundreds of ideas you can try. Setting up the classroom, the role of the teacher assistant, behaviour in the classroom and playground, stages of anxiety, transition, sensory toys and activities. Includes frequently asked questions and MORE!



### TEACHER ASSISTANTS BIG BLUE BOOK OF IDEAS

| by Sue Larkey & Anna Tullemans | code: B16 | \$39.95

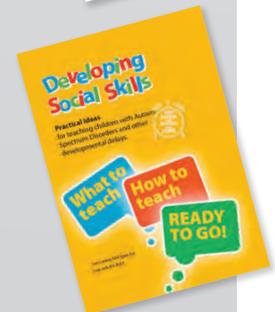
Companion to the Teacher Assistants Big Red Book of Ideas. Hundreds of new strategies to try. Social skills: playgrounds, friendships, building self-esteem, bullying. In the classroom: getting on task, adapting tasks and exams, building independence. Managing anxiety and behaviour.



### MAKING IT A SUCCESS

| by Sue Larkey | code: B 01 | \$39.95

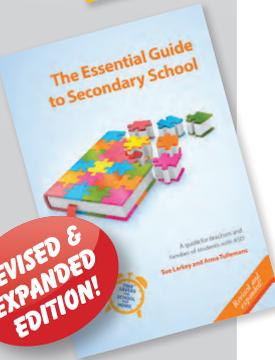
This is the ideal reference for schools to successfully integrate students into the classroom. It provides easy to follow, proven strategies and worksheets to use immediately. Dr Tony Attwood writes in the foreword: "Sue has a remarkable ability to identify and briefly explain the difficulties experienced by a child with autism in a regular classroom and to suggest realistic and practical strategies to improve abilities and behaviour. Her advice is succinct and wise."



### DEVELOPING SOCIAL SKILLS

| by Sue Larkey & Gay von Ess | code: B18 | \$39.95

A starting point for teaching and encouraging social interactions and skills for children with autism spectrum disorder and other developmental delays. It is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.



### THE ESSENTIAL GUIDE TO SECONDARY SCHOOL

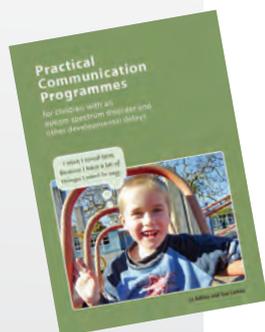
| by Sue Larkey & Anna Tullemans | code: B02 | \$44.95

Revised and expanded in 2016. A practical guide to secondary school. Ideas for all staff, from curriculum engagement, accommodations, group work, homework, using technology, behaviour support, organisational skills to building independence. Includes proformas to photocopy and save you time. This book has over 100 pages of proven ideas and strategies.



Join Sue for inspiring, entertaining and informative workshops throughout Australia

...more books by *Sue Larkey*



### **PRACTICAL COMMUNICATION PROGRAMMES**

| by Jo Adkins & Sue Larkey | code: B 19 | \$ 44.95

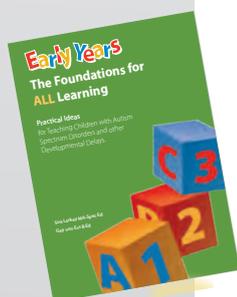
Communication is the biggest area of skill deficits in nearly all children on the autism spectrum – whether it is little to no verbalisation, social skills or simply understanding spoken language. This book offers hundreds of ideas and strategies to improve communication skills – including picture exchange, teaching literacy skills, and emotions. It includes activities and resources you can photocopy.



### **PRACTICAL SENSORY PROGRAMMES**

| by Sue Larkey | code: B 05 | \$44.95

This book is designed for families and schools to incorporate sensory activities into the home and school in order to address the significant difficulties students with ASD often encounter. It shows how to identify sensory problems and develop programmes. Over 100 activities including all five senses and movement.



### **THE EARLY YEARS: The Foundations for ALL Learning**

| by Sue Larkey & Gay von Ess | code: B 04 | \$39.95

This book is full of practical ideas to give children with ASD and other developmental delays the KEYS to learning. It encompasses teaching to play, write, draw, imitate, to sit, ask for help, wait, play, attention to task, sign songs – as well as toilet training, community access, etc. Great easy to photocopy programmes.



### **TIPS FOR TOILETING**

| by Jo Adkins & Sue Larkey | code: B 17 | \$29.95

A guide for parents and professionals toilet training children with autism spectrum disorder. Contents include: When to start toilet training, getting started, the use of rewards, techniques, dealing with accidents, sensory issues, bowel motions, generalising, night time training, frequently asked questions, pages of visuals all ready for you to cut out and use! And lots more! 60 pages of helpful hints and ideas.

# HOW TO ORDER

## AUSTRALIA



Order online or download an order form at:

[www.suelarkey.com.au](http://www.suelarkey.com.au)

Complete the order form and post it to:



Education Events PTY Ltd  
PO Box 20  
Artarmon, NSW 1570



OR fax your order to:  
1300 656 408

## NEW ZEALAND



Order online or download an order form at:

[www.suelarkey.co.nz](http://www.suelarkey.co.nz)

## MAKING PAYMENTS

There are four easy ways to make payment:

- credit card
- online by direct credit
- by cheque
- on invoice

Full information on ordering and payment is included on the order form.

## BOOKS ON APPROVAL

Schools may order books on approval for 14 days

For more information on workshops near you please visit [www.suelarkey.com.au](http://www.suelarkey.com.au)

# UNDERSTANDING AUTISM SPECTRUM DISORDER

## Teaching Strategies and Behaviour Support with Sue Larkey



### PRESENTATION CONTENT

#### TEACHING STRATEGIES FOR SCHOOL & HOME

- What is Autism Spectrum Disorder
  - Autism learning style
  - Key teaching strategies from preschool to secondary
  - Classroom strategies
- Promoting understanding in peers
- How to motivate and use special interests
  - Visual strategies
  - Social skills
  - Teaching play
- Strategies for playground

#### BEHAVIOUR SUPPORT FOR SCHOOL & HOME

- What are ASD behaviours?
- Preparing child and staff
- Common playground issues
  - Meltdowns
  - Anxiety
- Transition strategies for school (preschool, primary and secondary) and home
- Repetitive and obsessive behaviours
- Sensory issues

#### WHO SHOULD ATTEND?

Teachers, Teacher Assistants, Early Childhood Educators, Parents, family members, care staff, educators, clinicians—anyone wanting to understand more about Autism Spectrum Disorder and how to support children and adults with an ASD. Particularly if cannot make it to Sue's Live Workshops.

## FEE \$174 PER PERSON

Schools and other Organisations wishing to register groups of Staff or for use in Staff Meetings for Professional Development please email [andrew@suelarkey.com.au](mailto:andrew@suelarkey.com.au)

Register at [elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)



**Sue Larkey** is a highly qualified special educator who has taught in mainstream and special schools. She is currently working toward a Doctorate of Education focussing on inclusive schooling. She has authored several books and resource materials. Sue is unashamedly passionate about her mission – to inspire parents and educators and teach them how to Make it a Success.

*"I got so much out of your online workshop. Your passion is obvious. There is not one aspect I would say to remove from your presentation. All my teachers completed your course. We aim to get together and plan strategies to assist our children. We have already trialled your 'box approach' to encourage children to bring in items that represent them. It was amazing watching the confidence grow with the children talking to their peers."*

- Early Childhood Teacher

*"We thoroughly enjoyed the PD and because we are working with a number of students on the spectrum, it makes sense now that what we have had success with one students, has totally been wrong for another students. We cant wait now to put more strategies in place."*

- Primary School Teacher

**Sue Larkey**  
LEARNING MEDIA

NEW  
EDUCATION  
STANDARDS  
AUTHORITY

teaching  
INSTITUTE  
of  
TEACHERS  
EDUCATION

TQI  
2015  
ACCREDITED PROGRAM

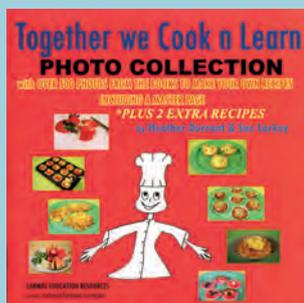
Course is rating 4.8  
Stars out of 5 on  
NESA site

## CDs

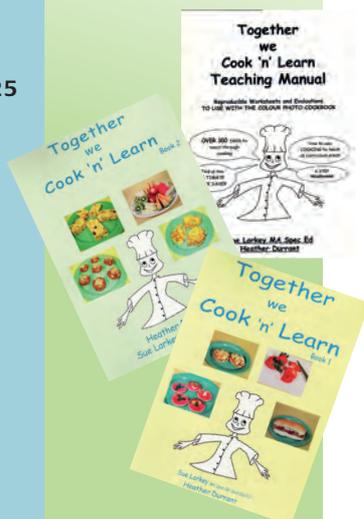
### TOGETHER WE COOK 'N' LEARN PHOTO CD

by Heather Durrant & Sue Larkey  
code: C03 | \$19.95

This photo CD contains over 500 wonderful photos from our Cookbooks so you can make your own resources and recipes.



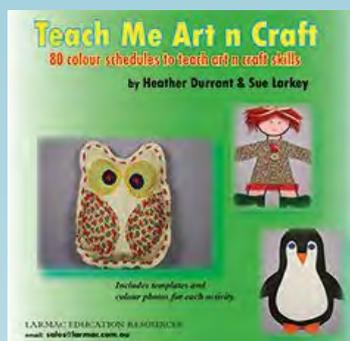
25



### TEACH ME ART N CRAFT CD

by Heather Durrant & Sue Larkey  
code: C05 | \$25

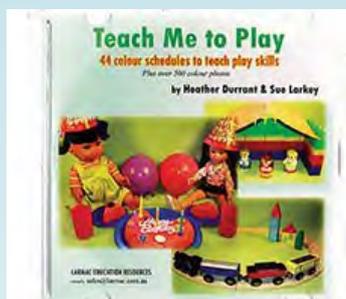
Over 80 fun art and craft activities. CD includes templates for each activity as well as curriculum and learning outcomes for the activities.



### TEACH ME TO PLAY CD

by Heather Durrant & Sue Larkey  
code: C01 | \$25

Over 40 play schedules to use immediately. Load onto your computer, choose, print and play! This CD encourages children with an ASD to engage and play. Over 300 pictures to let you create your own play schedules and variations



## Visual supports

### PHOTO COOK BOOKS

by Heather Durrant & Sue Larkey

These books are an ideal teaching programme for everyone. Cooking is a marvellous tool to teach everything from maths to social skills. Because cooking is a favourite with all children it's a wonderful teaching and learning activity appropriate for all ages and stages! The manual has ready-made programmes linking curriculum and educational outcomes.

- Cookbook 1**  
code: B06 (1) | \$44.95
- Cookbook 2**  
code: B06 (2) | \$44.95
- Teaching Manual**  
code: B06 (M) | \$23.95
- One cookbook plus manual**  
code: B06 (1,M) | \$64.95
- Both cookbooks and manual**  
code: B06 (1,2,M) | \$104.95

### PORTABLE SCHEDULE | code: O02 | \$20

**With digital timer** - Links visual schedules with a time frame. Great for routines, concept of time. Pre-warns how long until finish, self-monitoring and more!

### TOKEN REWARD SYSTEMS

- small (5 tokens) | code: O01(S) | \$5.00
- large (10 tokens) | code: O01(L) | \$10.00

Token Reward Systems are a great reward system which has more visual impact on a child with autism spectrum disorder as he/she can immediately see how many tokens have been gained and how many more are needed before the incentive/reward is obtained.

### PICS FOR PECS CD | code: C02 | \$59.95

This CD contains over 2000 icons! The icons are organised by broad categories: alphabet, animals, attributes (colours, sizes, shapes), body parts, food/drinks, locations, numerals, sentence starters and songs, vehicles, actions/verbs, musical instruments and clothing. The images on this CD are in jpeg (jpg) format. Icons may be used as any clip art images. Compatible with all Word programs and newer Apple.

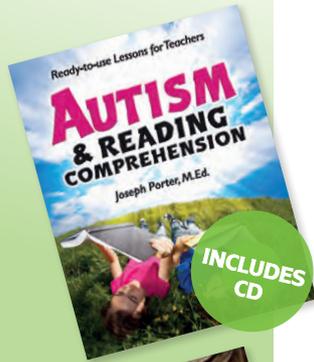
## Visual Timers

### Time Management = Anxiety Management

Every home and school needs one of these. Great to pre-warn, set time limits and extend time on less preferred activities. See pages 7 and 19 for more information.



## Visual supports and curriculum



### AUTISM AND READING COMPREHENSION

| by Joseph Porter | code: B100 | \$54.95

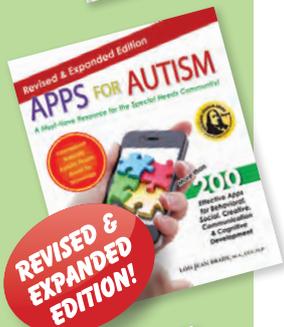
Ready-to-use lesson plans for teachers. The predictable format, repetition, and routine of these lessons will create a relaxed learning environment, while the variations in the topics will hold students' attention and help them generalise the reading skills they need to succeed! The companion CD contains all of the worksheets, lesson plans, visual tools, and assessment forms for quick-and-easy print. Over 390 pages!!



### HOW DO I TEACH THIS KID TO READ?

| by Kimberly Henry | code: B47 | \$32.95

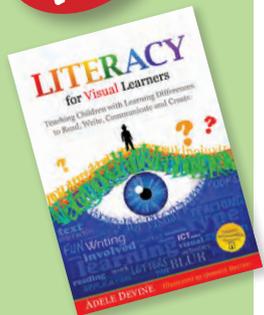
This book presents simple instructional strategies that can be used to help develop early literacy skills in young children with autism. Dozens of fine-tuned, easily adaptable activities that teachers and parents can implement separately or in infinite combinations. Included are units on phonemic awareness, vocabulary, comprehension, and fluency.



### APPS FOR AUTISM

| by Lois Jean Brady | code: B48 | \$63.95

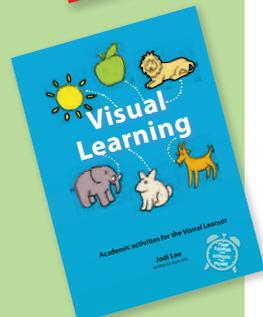
An essential guide to over 200 effective apps. This book will guide you through them so you can confidently utilise today's technology to maximise your child or student's success. Apps for Autism will save you time and money on searching for Apps.



### LITERACY FOR VISUAL LEARNERS: TEACHING CHILDREN WITH LEARNING DIFFERENCES TO READ, WRITE, COMMUNICATE AND CREATE

| by Adele Devine | code: B138 | \$63.95

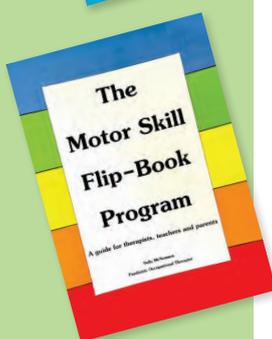
Some children are more responsive to visual stimulation than spoken words, and this book shows how to engage these children in literacy lessons by using strategies that cover everything from the latest assistive technology to getting creative on a limited budget. There are tips for sharing stories with children who find it hard to sit still, supporting reluctant writers, enabling the pre-verbal child to answer questions and helping the child who never stops talking to develop listening skills. The strategies are supported by practical resources, examples and case studies, to show how to instill in children the confidence to create and share their thoughts.



### VISUAL LEARNING

| by Jodi Lee | code: B03 | \$39.95

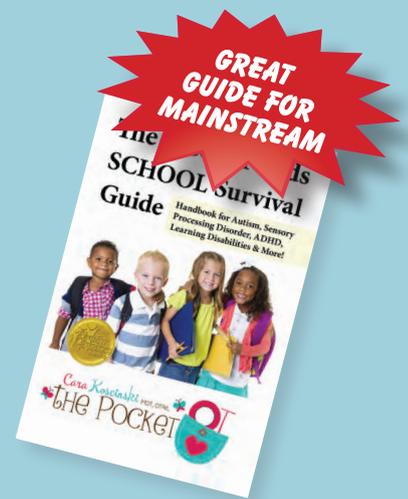
Academic activities for the Visual Learner. Has over 100 pages of activities made with Boardmaker. Will save you hours of preparation. Encourages independent work. Easy to photocopy, laminate. Under all curriculum areas.



### THE MOTOR SKILL FLIP-BOOK PROGRAM

| by Sally Mc Namara | code: B137 | \$54.95

An easy-to-use resource for therapists, teachers, aides and parents. Developed by a paediatric occupational therapist in response to demand for quick and easy motor skill programs for children. Five colour-coded areas of motor development incorporating the whole body; including core strength, shoulder stability, gross motor coordination, fine motor coordination, and pencil control skills. 100 mix and match activities of varying degrees of difficulty that can be tailored to each child, or group of children, quickly and easily. Beneficial for children who experience handwriting difficulties as well as general coordination and motor development issues. Star system allows for evaluation of skill level and the ability to track progress and set goals.



### THE SPECIAL NEEDS SCHOOL SURVIVAL GUIDE

| by Cara Koscinski | code: B159 | \$39.95

The handbook that will answer your questions about school accommodations for Autism, Sensory Processing Disorder (SPD) in the classroom, learning disabilities, handwriting, ADHD, ADD, Individual Education Programmes (IEPs), executive functioning, behaviour, dysgraphia, dyscalculia, non-verbal learning disorder and more! This book contains easy to follow school activities from cutting, handwriting, group time, transition, motivating students to learn, homework, setting up a sensory room, and more. The Q & A format makes the book easy to read and understand. This book will prove to be a resource you will use frequently as your student with special needs progresses through school.

## Pencil Grips



### Crossover

| code: O 03(CO) | \$4

### Pinch Grip

| code: O 03(PG) | \$4

### Standard

| code: O 03 | \$4

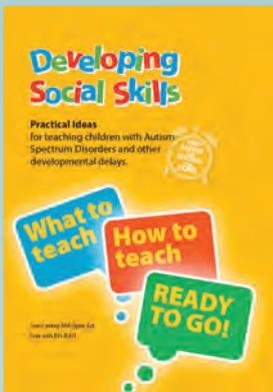
For left and right handers. The Crossover Grip uses the same great design as the Standard Pencil Grip but adds wings to prevent fingers from crossing over each other. The NEW Pinch Grip balances the structure of Crossover Grip with the freedom of the Standard Grip. The Grips can be used as a three step process starting with Crossover, then Pinch and finally Standard.

# TOP SELLING SOCIAL SKILLS BOOK

## DEVELOPING SOCIAL SKILLS

by Sue Larkey & Gay von Ess  
code: B18 | \$39.95

A starting point for teaching and encouraging social interactions, this is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with an autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.

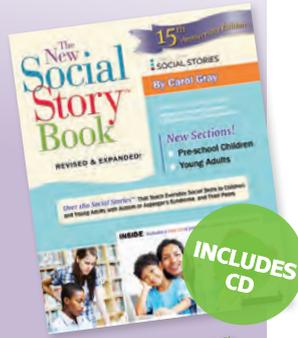


Download FREE Social Skills Tip Sheets at [www.suelarkey.com.au](http://www.suelarkey.com.au)

- Creating Success Playgrounds
- Where to Begin in Social Skills Programmes
- Creating a Successful Social Skills Programme
- 9 Tips to Facilitate Social Skills Activities

## BOOKS ON APPROVAL

Schools may order books on approval for 14 days

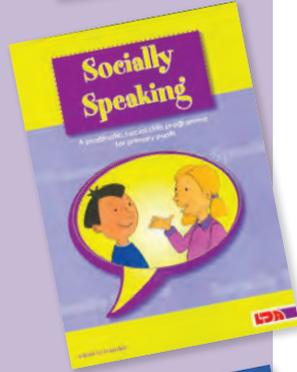


## Social skills

### THE NEW SOCIAL STORY BOOK

by Carol Gray | code: B61 | \$69.95

Over 150 of the most requested social stories that teach everyday social skills to children with autism or Asperger's Syndrome, and their peers. It also teaches you how to write Social Stories. Comes with a CD containing each Social Story in ready-to-print PDFs AND easy-to-edit Word files! With the CD, you can customise story content and insert images relevant to your child or student's individual experiences. An invaluable bonus!



### SOCIALLY SPEAKING

by Alison Schroeder | code: B27 | \$72.95

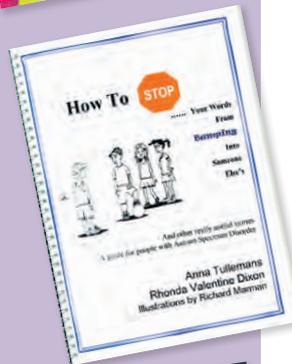
Socially Speaking will help you to introduce and practice skills your pupils need to develop and maintain relationships and to lead independent lives outside the school context. Socially Speaking is a unique social skills programme that lasts a whole school year and is divided into three units: let's communicate, let's be friends, and let's practice.



### SOCIALLY SPEAKING BOARD GAME

by Alison Schroeder | code: O05 | \$84.95

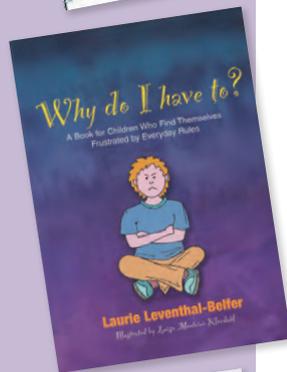
Designed to complement the Socially Speaking book, this fun game focuses on social interaction in three key areas: home, school, and the wider community. Children are able to practice vital skills such as greetings, turn-taking, eye contact, listening, compliments, emotions, telephoning others, showing interest in what others are saying, sitting appropriately and still, asking and answering questions, using your voice effectively, developing and maintaining friendships, and more. Contains game board, 100 question cards, playing pieces and teacher's notes for 2 to 6 players. Cards can be used for whole class activities.



### HOW TO STOP YOUR WORDS BUMPING INTO SOMEONE ELSE'S and other really useful stories

by Anna Tullemans & Rhonda Dixon | code: B08 | \$29.95

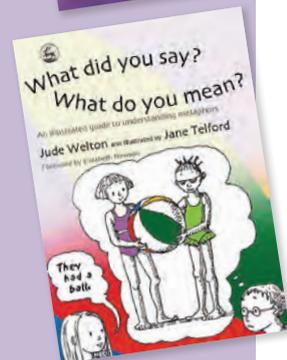
This book has 18 great A4 clear pages with an excellent picture to explain so many of the common challenges students with ASD face in social and school situations. They include: Getting Someone's Attention, Starting a Conversation, Interrupting, Asking Someone to Play, What if a Person Says "No"?, Asking for Help, How loud or soft your voice should be, Waiting in Line, Waiting on the Mat and Waiting at your Desk.



### WHY DO I HAVE TO?

by Laurie Leventhal-Belfer | code: B46 | \$18.95

Looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school. Empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration. This is the ideal book for children who have difficulty coping with the expectations of daily living, as well as for their parents and the professionals who work with them.



### WHAT DID YOU SAY? WHAT DO YOU MEAN?

by Jude Welton | code: B45 | \$28.95

Jude Welton looks at a hundred of the most common figures of speech in this visual workbook designed as a springboard for family and classroom discussions. Each figure of speech is accompanied by an illustration showing its literal meaning, which will help children with ASD recognise and learn to enjoy metaphors and figurative language.

## Time timers

### TIME TIMERS

**20cm Time Timer (large)** | code: TT 1 | \$60

**7.6cm Time Timer (small)** | code: TT 2 | \$45



Used as an interactive teaching tool, this classroom-tested teaching aide reinforces the sense of elapsed time with a graphic depiction of the time remaining. The Time Timer can be used to set time limits, measure the duration of activities and train students to make better use of available time.

### TIME TIMER WATCH PLUS

**Youth** | code: TT4 | \$ 105

Available in Charcoal, Blue, Berry and Green

**Adult** | code: TT4 | \$ 105

Available in Charcoal



Comes with two modes – Time Timer or clock. Time Timer mode depicts time with a patented red disk that disappears as time elapses, making time clear and tangible. Remarkably easy to use. Features: Two modes (Time Timer or clock), clock display is both analogue and digital on a large LCD screen, repeatable time segments (great for intervals!), vibrating and audible alerts, 12 or 24 hour clock, alarm, backlight, soft, replaceable silicon watch band (Youth size 4.75" - 7"), water resistant to 30 metres.

### TIME TIMER PLUS

| code: TT 5 | \$75



The Time Timer PLUS is a unique visual timer and the ideal solution for anyone who struggles with time. For over 20 years, children, adults and groups have used the Time Timer to stay focused, productive and relaxed throughout the day. As time elapses, the signature red disk disappears, creating a clear and simple picture of the time remaining. Portable and quiet with a protective cover, the Time Timer PLUS is a great way to promote efficient time management at work, school and home. The Time Timer PLUS is approximately 14.5 cm by 18 cm and suits the more 'destructible' child.

### TIME TIMER MOD

| code: TT 6 | \$55



Portable and quiet with a protective cover, the Time Timer MOD is a great way to promote efficient time management at work, school and home. The Time Timer MOD is approximately 9.5 cm by 9.5 cm and suits the more 'destructible' child.

### TEMPLE GRANDIN DVD

| by HBO Films | code: D09 | \$26



An accurate portrayal of Temple Grandin's life which chronicles Temple's early diagnosis; her turbulent growth and development in her school years. It illustrates through mentoring and sheer will, how a young autistic woman succeeds against the odds. Starring: Clare Danes as Temple. An excellent movie to educate older children (10+), family and staff on autism.



## ACCREDITED ONLINE LEARNING:

If you can't make it to one of Sue Larkey's 'live' workshops you can now watch the same course online.

Five 'one-hour modules' you can watch at your own convenience over a six week period.

This pre-recorded course is relevant for all teachers (early childhood, primary and secondary), parents and other professionals. In this five hour online course you will learn:

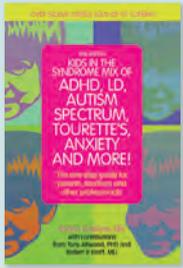
- Key Strategies from Pre-school to Secondary.
- Teaching Strategies for School and Home.
- What is ASD, ADHD, ODD, SPD.
- Promoting Understanding with Peers.
- Strategies for Social Skills and Playgrounds.
- How to Increase Engagement and Learning Outcomes.
- Behaviour Support Strategies: Anxiety, Sensory and Tantrums.
- Access to bonus strategies, videos, time-savers and resources.
- Can be watched on a computer, tablet and iPhone.

For more information and to register go online to:

[elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)



# GREAT RESOURCES



**KIDS IN THE SYNDROME MIX** of ADHD, LD, Autism Spectrum, Tourette's, Bipolar, and More! The one stop guide for parents, teachers, and other professionals

by **Martin L. Kutscher MD** with contributions from **Tony Attwood**

code: **B91** | \$ **35.95**

Kids in the Syndrome Mix is a concise, scientifically up-to-date, all-in-one guide to the whole range of often co-existing neuro-behavioural disorders in children from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder, to autism spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction.

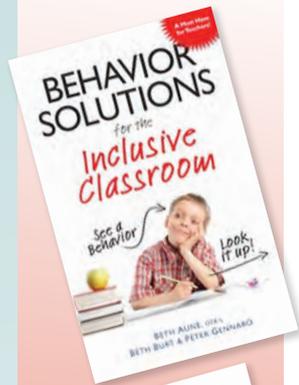


**CREATING AUTISM CHAMPIONS**

by **Joy Beaney**

code: **B162** | \$ **44.95**

A ready-to-use resource for raising autism awareness and promoting inclusion in primary schools. Helping children and staff to become 'autism champions', it is easily adaptable and includes staff training, a whole-school assembly, lesson plans, photocopiable worksheets and online presentations.



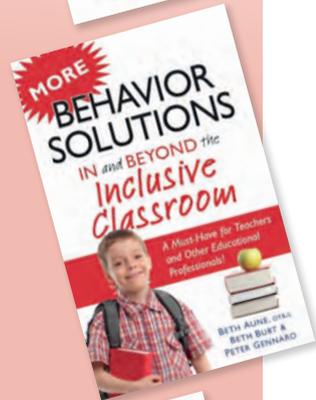
## *Behaviour and understanding*

**BEHAVIOR SOLUTIONS FOR THE INCLUSIVE CLASSROOM**

by **Beth Aune, Beth Burt & Peter Gennaro**

code: **B36** | \$ **24.95**

See a behaviour look it up! This book is a must-have for every special needs and inclusive classroom. The easy to use format allows teachers to quickly look up an in-the-moment solution and learn about what the child is communicating, and why. This book illuminates possible causes of those mysterious behaviours, and more importantly, provides solutions!

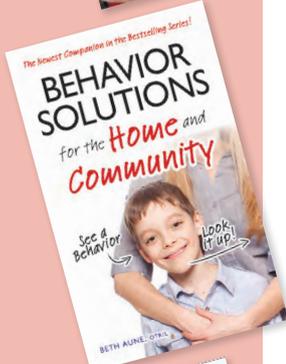


**MORE BEHAVIOR SOLUTIONS IN AND BEYOND THE INCLUSIVE CLASSROOM**

by **Beth Aune, Beth Burt & Peter Gennaro**

code: **B37** | \$ **24.95**

More Behavior Solutions builds on the success of the first book by expanding the focus from within the classroom to all areas of the school environment – in the hallways, cafeteria, and auditorium, on the playground, and in therapy sessions during the school day. See a particular behaviour? Quickly look it up and find an immediate solution.

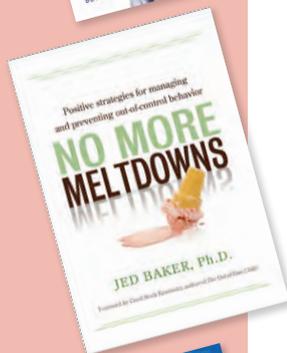


**BEHAVIOR SOLUTIONS FOR THE HOME AND COMMUNITY**

by **Beth Aune, Beth Burt & Peter Gennaro**

code: **B102** | \$ **24.95**

A tool for parents and carers who have children whose behaviours are impeding their daily life. Once they see a particular behaviour, they can quickly look up an in the moment solution, and then read more about what could be causing that behaviour, and more importantly, how to overcome it. This helpful book is intended to provide general, practical solutions for busy (and often overwhelmed) parents and carers who can benefit from a handy reference guide to help them address common behaviours at home and in the community. A must have for every home with a child with autism!

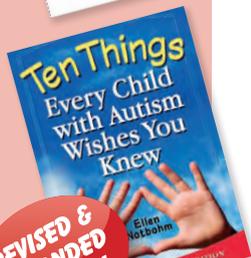


**NO MORE MELTDOWNS**

by **Dr Jed Baker**

code: **B26** | \$ **24.95**

With 150 pages of wonderful information and strategies for home and school this book is divided into three areas: The Problem, The Solution and Plans. It is interwoven with stories of how the strategies have been used with different children. Chapters include: Meltdowns: When rewards and punishments are not enough!, What are Meltdowns made of? Creating a prevention plan.

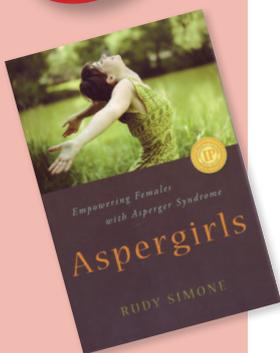


**TEN THINGS EVERY CHILD WITH AUTISM WISHES YOU KNEW**

by **Ellen Notbohm**

code: **B43** | \$ **32.95**

Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humour and compassion, the book describes ten characteristics that help illuminate – not define – children with autism.



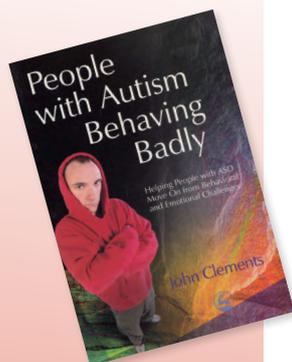
**ASPERGIRLS**

by **Rudy Simone**

code: **B64** | \$ **32.95**

Girls with Asperger's Syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available. The image of coping well presented by AS females of any age can often mask difficulties, deficits, challenges, and loneliness. This book is essential reading for anybody interested professionally or personally in Asperger's Syndrome and girls.

## Anxiety and mental health



### PEOPLE WITH AUTISM BEHAVING BADLY

by John Clements

code: B60 | \$32.95

People with autism spectrum disorder may often behave in ways that cause difficulties for themselves and those who care for them. People with Autism Behaving Badly offers effective, long-term strategies to help resolve common problem behaviours such as physical aggression, self-injury, verbal abuse, rudeness and property damage. The book is organised around the common messages conveyed by behaviours and some of the underlying issues that drive these messages. Practical ideas for intervention are provided and illustrated by case examples.

### UNDERSTANDING AND TREATING SELF-INJURIOUS BEHAVIOR IN AUTISM

edited by Stephen M. Edelson & Jane Botsford Johnson

code: B155 | \$44.95

Self-injurious behaviour (SIB) occurs in almost half of those with autism and is one of the most devastating and challenging-to-treat behaviours. With contributions from the leading experts in research and treatment, this book provides a comprehensive analysis of self-injurious behaviour in people with ASD or related developmental disabilities, and the different methods available to treat them.

### OVERCOMING ANXIETY IN CHILDREN AND TEENS

by Jed Baker

code: B141 | \$24.95

Describes motivational techniques, cognitive behavioural strategies, exercises, relaxation and mindfulness guides to lower anxiety to the point where individuals can begin to confront their fears. The book covers simple phobias, social phobia, selective mutism, separation anxiety and school refusal, panic disorder, obsessive compulsive disorder, somatic symptom disorder and/or illness anxiety disorder, generalised anxiety disorder, perfectionism, and other common fears.

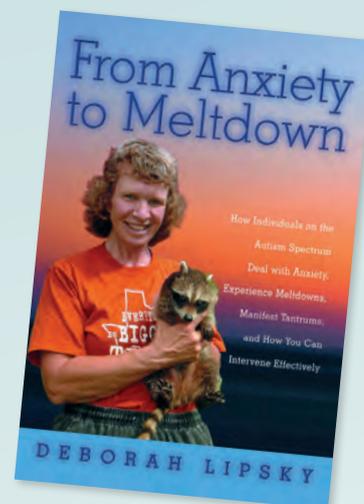
### AUTISM SPECTRUM DISORDER AND DE-ESCALATION STRATEGIES

by Steve Brown

code: B136 | \$34.95

Discussing a variety of de-escalation and behaviour management strategies, this book offers practical guidance on using non-physical and physical interventions to support children (aged 3-18) on the autism spectrum or with emotional, social and behavioural difficulties, and to keep them and others safe.

# A MUST HAVE!



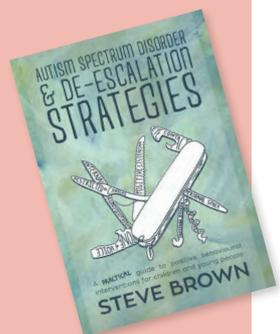
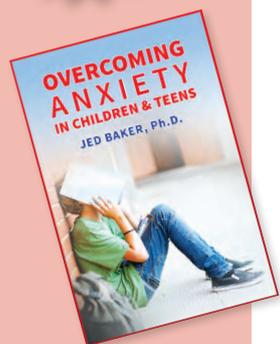
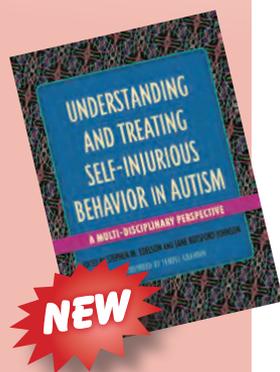
### FROM ANXIETY TO MELTDOWN

How Individuals on the Autism Spectrum deal with anxiety, experience meltdowns, manifest tantrums, and how you can intervene effectively

by Deborah Lipsky

code: B59 | \$34.95

Anxiety is the root cause of many of the difficulties experienced by people on the autism spectrum, and is often caused by things such as a change in routine, or sensory overload. Deborah Lipsky takes a practical look at what happens when things spiral out of control, exploring what leads to meltdowns and tantrums, and what can be done to help.



### Autism and Mental Health

"Almost 75 percent of adults who have Aspergers Syndrome are vulnerable to feeling sad, but about one third of children and adults with Aspergers Syndrome have clear signs of clinical depression. The reasons why a person who has Aspergers Syndrome can feel depressed include low self-esteem due to being ridiculed, bullied and rejected by peers, the mental exhaustion from trying to succeed socially, feeling desperately lonely, chronic and prolonged anxiety, believing and internalising criticism from family members and empathetic sensitivity to the suffering of others."

Dr Tony Attwood

Recognising and exploring the relationship between ASD and mental health difficulties is vital so that each condition can be addressed successfully. The books on this page are invaluable sources to help understanding and recognition – and guide you to strategies to support.



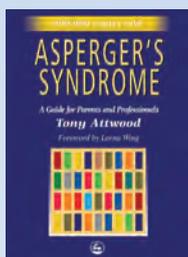
# WORLD BEST SELLERS

## ASPERGER'S SYNDROME: A Guide for Parents and Professionals

by Dr Tony Attwood

code: B 12 | \$37.95

This guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. It provides



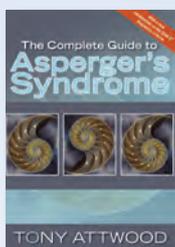
a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce the most conspicuous or debilitating.

## THE COMPLETE GUIDE TO ASPERGER'S SYNDROME

by Dr Tony Attwood

code: B 13 | \$50.95

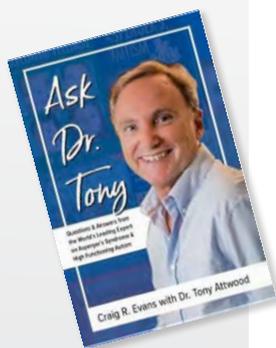
The definitive handbook for anyone affected by Asperger's Syndrome (AS), it brings together a wealth of information for children through to adults. Essential



reading for families and individuals as well as teachers, professionals and employers coming in contact with people with AS. This book is a must for anyone who needs to know about this condition.



Join us at our workshops with **Dr Tony Attwood** in 2019 – for information on dates and locations visit: [www.suelarkey.com.au](http://www.suelarkey.com.au)

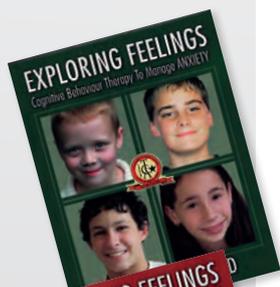


## ASK DR TONY

by Craig R Evans with Tony Attwood

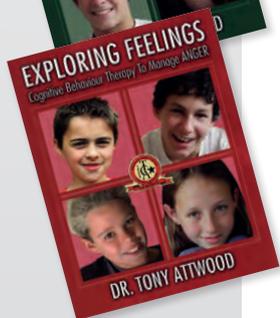
code: B115 | \$38.95

Dr. Tony Attwood and Craig Evans are proud to introduce their first book together. Previously, they brought you "Autism Hangout", a question-and-answer style video series in which Dr. Tony directly addresses the most pressing questions of those touched by autism. Now, this unstoppable duo has refreshed these conversations and converted them into book form, creating an invaluable resource to keep helpful information present and available to the public. Their goal? Thriving with autism!



## EXPLORING FEELINGS: Cognitive Behaviour Therapy to Manage Anxiety

code: B21 | \$29.95

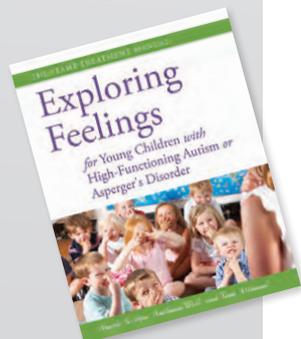


## EXPLORING FEELINGS: Cognitive Behaviour Therapy to Manage Anger

code: B22 | \$29.95

by Dr Tony Attwood

Guides for caregivers and professionals each with a workbook section allowing children to identify situations that make them anxious or angry and learn how to perceive the situation differently and learn appropriate responses. Learning about emotions helps children recognise connections between thinking and feeling, and helps them identify the physiological effects of anxiety and anger on the body. These programmes can be implemented by anyone working with a child with ASD.

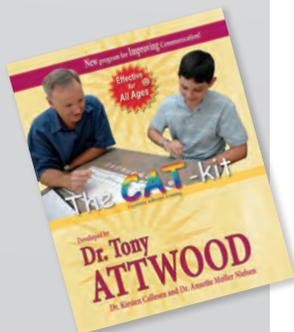


## EXPLORING FEELINGS: for Young Children with High-Functioning Autism or Asperger's Disorder: The STAMP treatment manual

by Angela Scarpa, Anthony Wells & Dr Tony Attwood

code: B20 | \$49.95

Young children with autism have particular difficulty in understanding and controlling their emotions, especially when those emotions are negative. This practical manual for professionals provides a set of simple strategies to help children with high-functioning autism or Asperger's Syndrome who suffer from mood difficulties to decrease negative feelings and increase positive feelings in daily life.



## THE CAT-KIT

by Dr Tony Attwood

code: O06 | \$249.95

The Cognitive Affective Training (CAT) kit is a programme that consists of visual, interactive, and customisable communication elements for children and young adults. It is designed to help students become aware of how their thoughts, feelings and actions all interact and, in the process of using the various visual components, they share their insights with others. It is an easy and effective way to work with neuro-typical children and young adults as well.



## EXPLORING DEPRESSION, AND BEATING THE BLUES

by Tony Attwood & Michelle Garnett

code: B154 | \$34.95

Written by leading experts in the field, the book draws on the latest thinking and research to suggest strategies for coping with the effects of depression and provides a complete step-by-step CBT self-help programme, designed specifically for individuals with ASD. The programme helps increase self-awareness, including identifying personal triggers, and provides the tools to combat depression.

# AUTISM SPECTRUM DISORDER

A different way of thinking, learning & managing emotions.

DR TONY ATTWOOD

ONLINE LEARNING:  
ANYTIME, ANYWHERE,  
ANY DEVICE

START  
IMMEDIATELY  
10 WEEKS TO  
COMPLETE

## PRESENTATION CONTENT

Dr Tony Attwood: Autism Spectrum Disorder –  
A different way of thinking, learning and managing emotions.

- Cognitive Abilities: A different way of thinking and learning
- Managing Challenging Behaviour
- Managing Feelings: Cognitive Behaviour Therapy and its role in providing greater strategies to manage emotions and behaviour
- The Emotional Tool Box, what it is and how to use
- Strategies to Improve Social Understanding and Friendship Skills
- Special Interests: Origins and constructive strategies
- Girls with Asperger's Syndrome
- Sensory Sensitivity

## WHO SHOULD ATTEND?

Teachers, Teacher Assistants, Early Childhood Educators, Parents, family members, care staff, educators, clinicians—anyone wanting to understand more about Autism Spectrum Disorder and how to support children and adults with an ASD.

Particularly if cannot make it to a Tony Live Workshops.

## FEE \$204 PER PERSON

Schools and other Organisations wishing to register groups of Staff or for use in Staff Meetings for Professional Development please email [support@suelarkey.com.au](mailto:support@suelarkey.com.au)

Register at [elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)

**Tony Attwood** is well known for sharing his extensive knowledge of Asperger Syndrome. He has a private practice in Brisbane and is an adjunct Professor at Griffith University in Queensland. Tony has written many papers and two best selling books on Asperger Syndrome. He also spends a large amount of time traveling nationally and internationally to present workshops and papers. His presentations are informative and empowering.

"Could you please pass on my thanks to Sue for amazing course. As an EA and mum to a child with autism I took so much away with this course, not only for myself, my child and the students I work with but to share with family and teachers. It is the first course I have done that really gets people to reflect on themselves first and then use it as a reflection tool when exploring the complexities of ASD."

- Early Learning Childhood Educator

"Myself and 10 Special Needs Education Assistants (SNEAs), engaged in the PL together. I personally got goosebumps with some of the information provided. We are a mainstream school with a high number of Students with Additional Needs (SWANs).

- Primary School Teacher



 Sue Larkey  
LEARNING MEDIA

 NSW  
EDUCATION  
STANDARDS  
AUTHORITY

 Victorian Institute  
of Teaching

 TQI  
2015  
ACCREDITED PROVIDER

 ★★★★★  
Course is rating 4.8  
stars out of 5 on  
NESA site

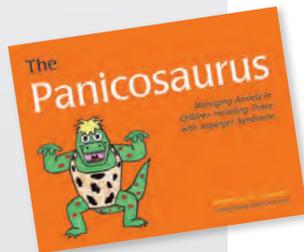
## Helping children understand and manage their emotions



### THE RED BEAST: Controlling Anger in Children with Asperger's Syndrome

| by K.I. Al-Ghani | code: B38 | \$33.95

This vibrant, fully illustrated children's storybook is written for children aged 5+, and is an accessible, fun way to talk about anger. It has useful tips about how to 'tame the red beast' and guidance for parents on how anger affects children with Asperger's Syndrome.



### THE PANICOSAURUS: Managing Anxiety in Children Including Those with Asperger's Syndrome

| by K.I. Al-Ghani | code: B39 | \$33.95

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety, and encourage them to banish their own Panicosaurs with help from Mabel's strategies. Parents and carers will like the helpful introduction, explaining anxiety in children, and the list of techniques for lessening anxiety at the end of the book.



### THE DISAPPOINTMENT DRAGON: Learning to cope with disappointment (for all children and dragon tamers, including those with Asperger Syndrome)

| by K.I. Al-Ghani | code: B41 | \$33.95

The Disappointment Dragon sometimes comes to see us all and, if we let him, he can make us feel sad or angry. The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment. There are many creative suggestions on how to banish the Disappointment Dragon and an introduction for adults explaining disappointment in children and how they can help.



### THE GREEN-EYED GOBLIN

| by K.I. Al-Ghan | code: B156 | \$33.95

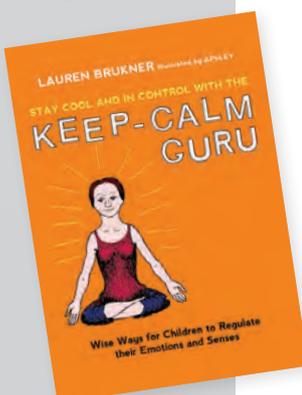
This illustrated storybook explains jealousy through the story of Theo and his Green-Eyed Goblin. It will encourage children to talk about their feelings and learn how to subdue their own Green-Eyed Goblin for good. A section of tried and tested techniques for using with children, and a helpful introduction for parents and carers is included.



### THE KIDS' GUIDE TO STAYING AWESOME AND IN CONTROL

| by Lauren Brukner | code: B111 | \$35.95

For ages 7–14 years. From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, this book is brimming with fun stuff to help kids feel cool, calm and collected. They will learn how to label difficult feelings, choose the perfect strategies and tools to tackle them, and use these correctly whether at home or at school. The strategies and tools are accompanied by cartoon-style illustrations, and the author includes useful tips for parents and teachers as well as handy visual charts and checklists to track learning and progress.



### STAY COOL AND IN CONTROL WITH THE KEEP-CALM GURU

| by Lauren Brukner | code: B157 | \$35.95

For ages 7–14 years. This illustrated book introduces wise ways for children to recognise and cope with anxiety, anger, frustration, and other difficult emotions. Using everything from yoga poses and pressure holds, to deep breathing and relaxing colouring activities, the Keep-Calm Guru shows kids how to take back control and feel cool, calm, and just right. Suitable for children with sensory and emotional regulation difficulties.

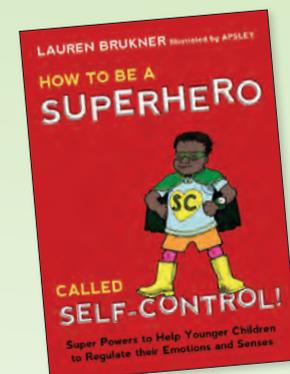
## Sue's top picks for self regulation



### SELF-CONTROL TO THE RESCUE

| by Lauren Brukner | code: B163 | \$35.95

For ages 4–7 years. An illustrated resource packed with strategies and exercises for children to regulate emotions and overcome the challenges of the most difficult times in a typical day. Simple solutions and guidance can be adapted into any child's daily routine with tips and extra resources for parents and educators.

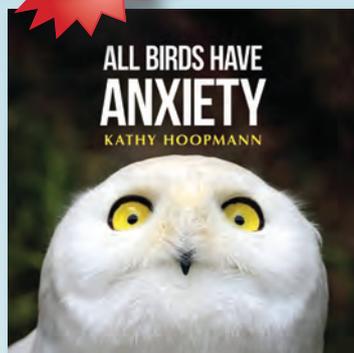


### HOW TO BE A SUPERHERO CALLED SELF-CONTROL

| by Lauren Brukner | code: B142 | \$35.95

For ages 4–7 years. Narrated by a superhero called Self-Control, this illustrated book provides a variety of super power strategies to help children with emotional and sensory regulation difficulties to master self-control.

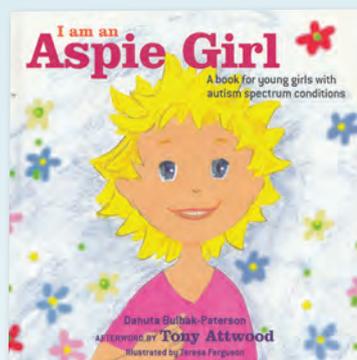
# CELEBRATE DIFFERENCE



## ALL BIRDS HAVE ANXIETY

| by Kathy Hoopmann  
| code: B164 | \$25.95

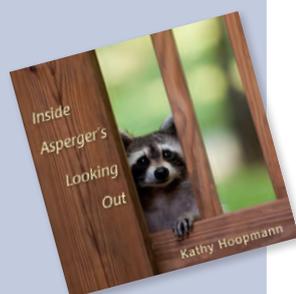
All Birds Have Anxiety explores the symptoms of anxiety disorder and their impact on day-to-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety.



## I AM AN ASPIE GIRL

| by Danuta Bulhak-Paterson;  
Foreword by Tony Attwood  
| code: B 144 | \$25.95

Lizzie is an Aspie Girl – she has Asperger Syndrome, which means that her brain works differently to her friends and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.

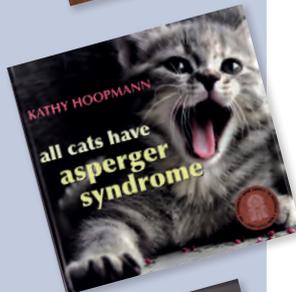


## Talking to children about autism spectrum

### INSIDE ASPERGER'S LOOKING OUT

| by Kathy Hoopmann | code: B09 | \$25.95

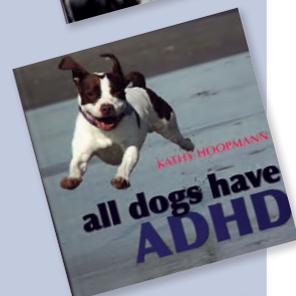
Through engaging text and full-colour photographs, this book shows neurotypicals how Aspies see and experience the world. Each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights and strong smells, to literal thinking and difficulty understanding social rules and reading body language and facial expressions. At the same time, the book highlights and celebrates the unique characteristics that make those with Asperger's Syndrome special.



### ALL CATS HAVE ASPERGER SYNDROME

| by Kathy Hoopmann | code: B 10 | \$25.95

This book takes a playful look at Asperger Syndrome (AS), drawing inspiration from the feline world in a way that will strike a chord with all those who are familiar with AS. This engaging book is an ideal, gentle introduction to the world of Asperger Syndrome.



### ALL DOGS HAVE ADHD

| by Kathy Hoopmann | code: B 14 | \$25.95

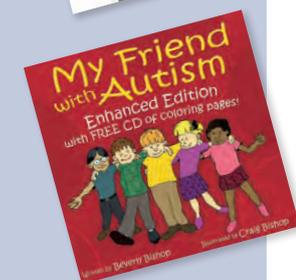
All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world to explore a variety of traits that will be instantly recognisable to those who are familiar with ADHD.



### GUS THE ASPARAGUS

| by Kaylene Hobson & Ann-Marie Finn | code: B143 | \$25.95

Meet Gus! Gus might be the only asparagus in his family, but he is happy. However, when he goes to school he starts to realise that he doesn't always 'fit in'. Gus is here to help kids understand that it's okay to be different. He will soon become a favourite with anyone who has ever felt a little bit out of place, kids and adults alike.



### MY FRIEND WITH AUTISM

| by Beverly Bishop | code: B55 | \$25.95

With vivid illustrations and a charming storyline this book will foster tolerance and understanding among peers. A peer narrator explains that his friend with autism is good at some things and not so good at others – just like everyone else. In an informative, positive tone, he addresses issues such as sensory sensitivity, communication differences, unique ways of playing and insistence on routine.

*\* Reading is for everyone!*

Make time to share a book with your class, family, and community about ASD. Books are a fantastic way to communicate the complex nature of ASD and help EVERYONE understand. With better understanding about difference, children learn to *Embrace Difference to Make a Difference*.

#### These book provide a valuable resource for:

- Teachers wishing to convey to their students the behavioural characteristics of children with ASD.
- Families to share with child with ASD, siblings, cousins and extended family.
- Preschools and Schools wanting to discuss diversity and explain ASD.
- Increasing tolerance and understanding of children who think and behave different to their peers.
- Supporting children with ASD, to understand ASD and that it is okay to be different.

## Great series for children

### Starving the Gremlin Series

Help children to understand and manage their feelings of anxiety, anger and stress with these engaging and imaginative workbooks. Based on cognitive behavioural principles, these workbooks use fun and imaginative activities to teach children how to manage these emotions by changing how they think and act – getting rid of their Gremlins for good!

#### STARVING THE ANXIETY GREMLIN

| by Kate Collins-Donnelly | code: B106 | \$35.95  
For ages 10+.

#### STARVING THE ANGER GREMLIN

| by Kate Collins-Donnelly | code: B107 | \$35.95  
For ages 10+.

#### STARVING THE STRESS GREMLIN

| by Kate Collins-Donnelly | code: B108 | \$35.95  
For ages 10+.

#### STARVING THE EXAM STRESS GREMLIN

| by Kate Collins-Donnelly | code: B165 | \$35.95  
For ages 10+.

#### STARVING THE ANXIETY GREMLIN FOR CHILDREN AGED 5-9

| by Kate Collins-Donnelly | code: B109 | \$35.95

#### STARVING THE ANGER GREMLIN FOR CHILDREN AGED 5-9

| by Kate Collins-Donnelly | code: B110 | \$35.95



### The Can I tell you about..? Series

The 'Can I tell you about...?' series offers simple introductions to a range of limiting conditions and other issues that affect our lives. Friendly characters invite readers to learn about their experiences, the challenges they face, and how they would like to be helped and supported. These books serve as excellent starting points for family and classroom discussions. For ages 7+.

#### CAN I TELL YOU ABOUT OCD?

| by Amita Jassi | code: B84 | \$22.95

#### CAN I TELL YOU ABOUT AUTISM?

| by Jude Welton | code: B31 | \$22.95

#### CAN I TELL YOU ABOUT ASPERGER SYNDROME?

| by Jude Welton | code: B33 | \$22.95

#### CAN I TELL YOU ABOUT ANXIETY?

| by Lucy Willetts & Polly Waite | code: B129 | \$22.95

#### CAN I TELL YOU ABOUT DYSPRAXIA?

| by Maureen Boon | code: B130 | \$22.95

#### CAN I TELL YOU ABOUT ADHD?

| by Susan Yarney | code: B131 | \$22.95



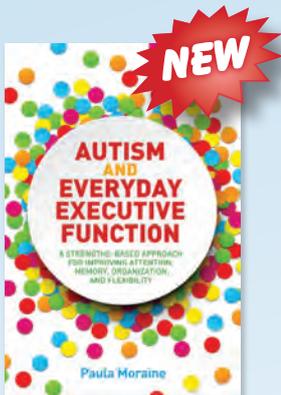
## Organising and engaging



### WINSTON WALLABY CAN'T STOP BOUNCING

| by K.I. Al-Ghani & Joy Beane  
| code: B166 | \$33.95

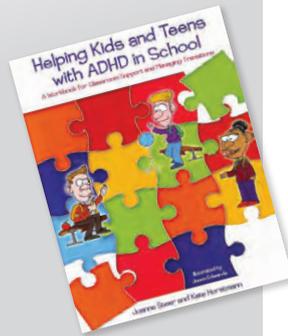
For ages 5 – 10 years. This illustrated storybook explains hyperactivity through the story of Winston Wallaby and his uncontrollable bouncing at school. It allows children with ADHD, SPD and ASD to recognise and support their additional sensory needs. A helpful introduction for parents/carers and appendices with strategies to be used at home and in school are included.



### AUTISM AND EVERYDAY EXECUTIVE FUNCTION A Strengths-Based Approach for Improving Attention, Memory, Organization and Flexibility

| by Paula Moraine  
| code: B169 | \$37.95

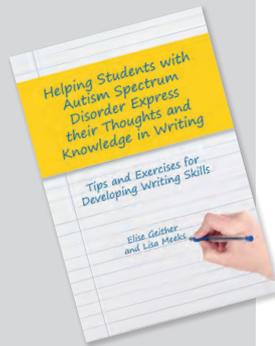
Outlining eight 'Autism Access Points', this book is a helpful guide to understanding, accessing and strengthening executive function skills in individuals with Autism Spectrum Disorder (ASD). Supportive and user-friendly, the ideas in this book provide a roadmap to developing essential organisational and planning skills.



### HELPING KIDS AND TEENS WITH ADHD IN SCHOOL

| by Joanne Steer & Kate Horstmann | code: B23 | \$49.95

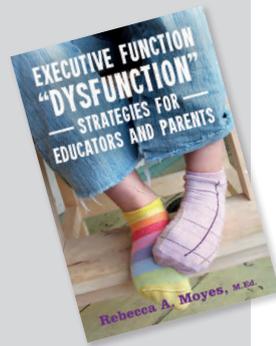
This fun and interactive workbook is aimed at actively engaging young people with ADHD and supporting them. Using tried-and-tested strategies and top tips, this fully-photocopiable workbook will help adults to work collaboratively with young people to learn, test strategies, set goals and develop comprehensive support plans around individual needs.



### HELPING STUDENTS WITH AUTISM SPECTRUM DISORDER EXPRESS THEIR THOUGHTS AND KNOWLEDGE IN WRITING

| by Elise Geither & Lisa Meeks | code: B101 | \$41.95

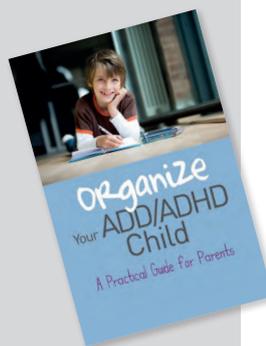
A practical guide to teaching and improving writing skills in students with ASD to meet academic writing standards and prepare for the increased expectations of higher education. Covers key considerations for all educators teaching writing skills to high school and college students with ASD including how to address difficulties with comprehension, executive functioning, and motor skills, how to structure ideas into a coherent argument, and how to develop creativity and expression in writing, as well as how to successfully adapt these skills to meet university expectations. Each chapter includes teaching tips, insightful student perspective, and ready-to-use writing exercises.



### EXECUTIVE FUNCTION "DYSFUNCTION"

| by Rebecca Moyes | code: B114 | \$32.95

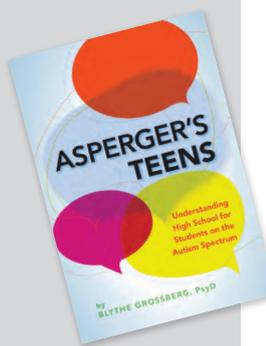
Containing a wealth of helpful information as well as tried-and-tested strategies, this is the perfect book for parents and educators of children with executive function difficulties. The author describes the cognitive processes that make up the executive functions, including attention, behavioural inhibition, theory of mind, organisational skills, time management, planning, decision-making, and self-talk. Using real examples, she describes how difficulties in each of these areas may manifest, and offers practical hints, tips, and accommodations for supporting children both in and out of school.



### ORGANIZE YOUR ADD/ADHD CHILD

| by Cheryl R. Carter | code: B127 | \$25.95

This book addresses the issues of organisation and time management in relation to ADD/ADHD, suggesting practical ways of organising your child's day and turning chaos into calm. Accommodating short attention spans and short fuses, Cheryl Carter shows how, by using the F.I.R.S.T method (Fun, Individualism, Rules, Simplicity and Time management), even the most hyperactive and easily distracted of children can be taught to make their bed, pack their school bag, and generally get organised! The author recognises that children hate anything that is boring, and finds fun ways around even the most mundane of tasks. Her no-nonsense, step-by-step strategies, in combination with positive affirmations and realistic demands, will get ADD/ADHD children organised, and from A to B without a hitch.



### ASPERGER'S TEENS: Understanding High School for Students on the Autism Spectrum

| by Blythe Grossberg | code: B149 | \$33.95

If you have Asperger's, high school can be a time of great promise and opportunity but it can also be uncomfortable at times. This book helps you use your strengths and unique personal style to feel more comfortable in high school. Chock full of quizzes, exercises, and examples, this book can help you understand your unique strengths and weaknesses, work well with your teachers, connect with other kids at school, recognise and deal with bullying, use social media safely and politely, develop healthy habits, cope with stress and strong emotions, and become more independent.

## Teen years and beyond



### TURNING SKILLS AND STRENGTHS INTO CAREERS FOR YOUNG ADULTS WITH AUTISM SPECTRUM DISORDER

| by Michelle Rigler, Amy Rutherford & Emily Quinn

| code: B170 | \$54.95

This practical college curriculum helps students with Autism Spectrum Disorder (ASD) to begin to make the transition to the next stage of life – their career. With detailed personality and skills profiling, job-hunting strategies, and interview preparation, it is an ideal textbook for ASD college programs or for student self-study.

### THE WONDERFUL WORLD OF WORK

| by Jeanette Purkis

| code: B119 | \$35.95

This hands-on workbook demystifies the world of work in order to help teenagers with ASD feel confident in their ability to be successful at their studies and get a job. Each chapter talks the teen through a different element of employment, including the benefits of having a job, why education is important, how to write a resume and succeed at job interviews, and the advantages and disadvantages of autism in the workplace. A variety of different industries and jobs are explored to encourage teens to begin to think about careers that might appeal to them and suit their skills and interests.

### THE ASPIE TEEN'S SURVIVAL GUIDE

| by J.D. Kraus

| code: B82 | \$29.95

The teenage years are a time when being social is the #1 priority for kids. But for kids with Asperger's, who have acute social challenges, these years can be the most difficult, confusing time in their lives. Enter J. D. Kraus, a young man who has been there, done that! He offers practical advice to his peers so they can get the most out of middle school and high school, both academically and socially.

### FREAKS, GEEKS AND ASPERGER SYNDROME

A useful guide to adolescents

| by Luke Jackson

| code: B35 | \$36.95

Luke Jackson is 13 years old and has Asperger Syndrome. Drawing from his experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and more.

### PREPARING FOR LIFE: The Complete Guide for Transitioning to Adulthood for those with Autism and Asperger's Syndrome

| by Jed Baker

| code: B150 | \$49.95

Easy to follow resource provides a complete toolbox of social skills and the means to attain them so that students may approach their futures with excitement rather than anxiety. Tackles a wide variety of issues across the spectrum, such as perspective-taking, nonverbal communication skills, conversational skills, and stress management.

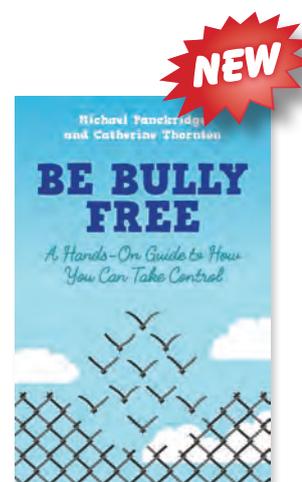


### THE ASPERGER TEEN'S TOOLKIT

| by Francis Musgrave

| code: B167 | \$29.95

With minimal text and fun, comic book style graphics, this is a treasure trove of information for young people with Asperger Syndrome and their carers. Exploring the science of how the human mind works, it gives handy tips on how to cope with all elements of the adult world, including responsibilities, health, sex and relationships.

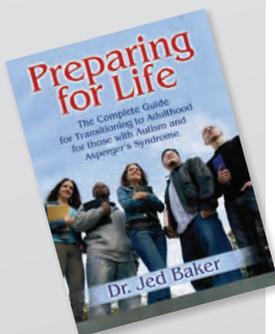
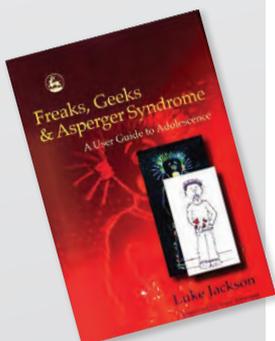
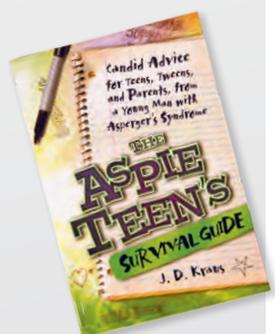
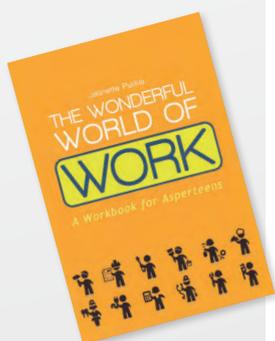


### BE BULLY FREE: A HANDS-ON GUIDE TO HOW YOU CAN TAKE CONTROL

| by Michael Panckridge & Catherine Thornton

| code: B168 | \$29.95

Seeking to empower children who are bullied, this book presents a wide range of common bullying scenarios, before giving practical suggestions on how the recipient can take control in these situations. Written in a young adult fiction style, this is an essential resource for children who are experiencing bullying.



## Puberty and sex education

### SECRET BOYS' BUSINESS AND SECRET GIRLS' BUSINESS SERIES

| by Heather Anderson, Fay Angelo & Rose Stewart

As sex education is an important aspect of a child's development, the authors have written and published a series of puberty books to prepare and support boys and girls for puberty. For children with special needs, including intellectual disability, physical disability, communication disorder and autism, there is a series of disability puberty books. The books are easy to understand, provide practical information and have attractive illustrations to help girls and boys manage this stage of their life with confidence. Schools will find all of these puberty education books a valuable resource.

**Secret Boys' Business** for boys | code: B85 | \$16.95

**Secret Girls' Business** for young girls | code: B86 | \$14.95

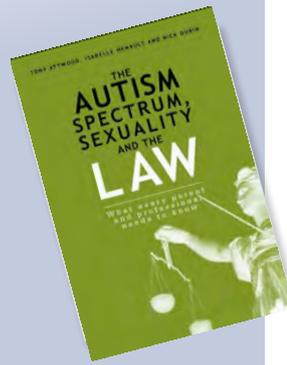
**More Secret Girls' Business** for older girls | code: B87 | \$14.95

**Special Boys' Business** for boys with special needs | code: B88 | \$39.95

**Special Girls' Business** for girls with special needs | code: B89 | \$39.95

**Puberty and Special Girls** | code: B90 | \$39.95

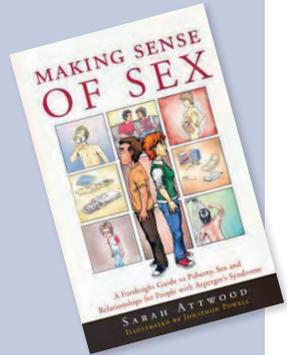
**The Secret Business of Relationships, Love and Sex** | code: B148 | \$19.95



### AUTISM SPECTRUM, SEXUALITY & THE LAW

| by Tony Attwood, Isabelle Henault, Nick Dubin | code: B117 | \$53.95

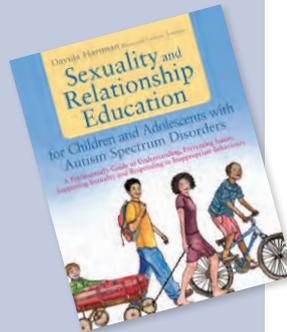
The complex world of sex and appropriate sexual behaviour can be extremely challenging for people with ASD and, without guidance, many find themselves in vulnerable situations. This book examines how the ASD profile typically affects sexuality and how sexual development differs between the general population and those with ASD. A ground-breaking and honest account of Nick's life, from school to work, from confusion to diagnosis, and drawing on the extensive knowledge of Dr Tony Attwood and Dr Isabelle Henault, this important book addresses the issues surrounding the autism spectrum, sexuality and the law.



### MAKING SENSE OF SEX

| by Sarah Attwood | code: B49 | \$44.95

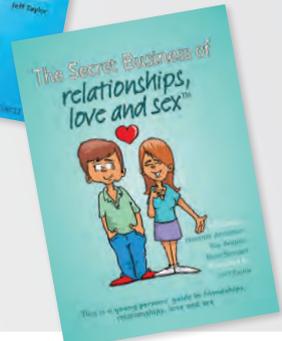
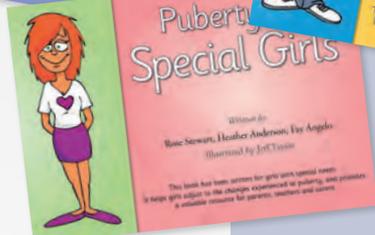
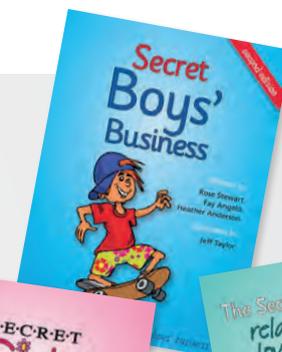
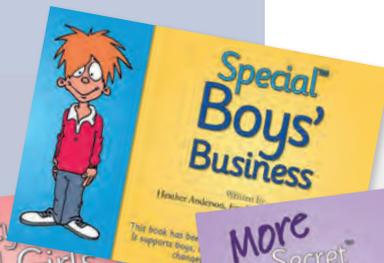
Puberty is a time of huge change in the physical body, in emotional experience and in social relationships. Having an understanding of these developments and learning how to deal with them is essential, and for people with Asperger's Syndrome it can be a challenge to get to grips with the social and emotional aspects of puberty, sex and relationships. This book is ideal for those who need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity.



### SEXUALITY AND RELATIONSHIP EDUCATION

| by Davida Hartman | code: B147 | \$49.95

This complete sex education resource provides practical teaching advice, activity ideas, and illustrated handouts geared towards the needs of children of all ages on the autism spectrum. Covers issues of gender, public and private, puberty, hygiene, emotions, sex and more, each topic provides an overview of the difficulties that children with autism might experience, discussion and activity ideas and photocopiable resources including instructional stories, checklists and illustrations. Demonstrates how to respond to ongoing patterns of inappropriate behaviour and put together a behaviour plan.

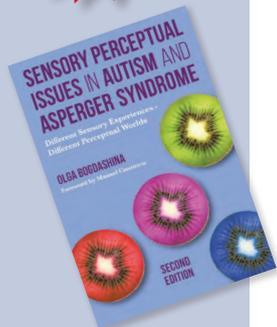


**RECOMMENDED FOR  
EARLY CHILDHOOD  
CENTRES**

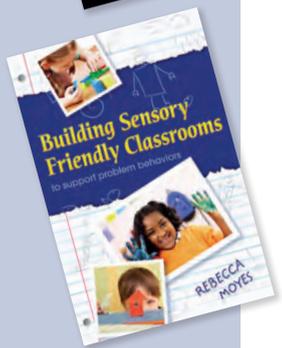
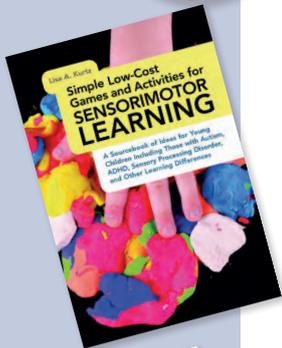
## Sensory



**NEW**



**NEW**



### THE GUIDE TO OCCUPATIONAL THERAPY FOR AUTISM AND OTHER SPECIAL NEEDS

| by **Cara Koscinski** | code: **B158** | **\$29.95**

With the help of this handy guide, you can bring tried and tested occupational therapy activities into home and pre school and encourage your child to succeed with everyday tasks while having fun in the process. This expanded edition of the award-winning book includes new advice on toilet training, coping with changes in routine, repetitive behaviours, self-regulation and much more. The simple explanations and easy exercises will soon make daily activities enjoyable and productive.

### SENSORY PERCEPTUAL ISSUES IN AUTISM AND ASPERGER SYNDROME, SECOND EDITION

| by **Olga Bogdashina** | code: **B74** | **\$39.95**

The fully revised edition of this bestselling book brings the understanding of sensory perceptual issues in autism up to date with current research. It describes sensory perceptual experiences and sensitivities and explains the cognitive differences caused by them. The final chapters are devoted to assessment and different methods of intervention.

### THE IN-SYNC ACTIVITY CARD BOOK

| by **Carol Kranowitz & Joye Newman** | code: **B161** | **\$34.95**

Divided into beginner, intermediate, and advanced activities, each card tells you why and how the activity works, what you need for it, and ways to make it more challenging. It also tells you what to look for, to make sure the child is getting the most out of the activity. Spiral bound in a book which includes 57 handy activity cards to help kids grow, learn, and develop to the best of their abilities!

### SONGAMES FOR SENSORY PROCESSING

| by **Aubrey Lande & Bob Wiz** | code: **B76** | **\$39.95**

Fun and engaging for kids aged 3-8, Songames are musical activities for improving fine and gross motor skills, muscle strength, and rhythmicity. Comes with CDs and companion booklet which explains how to use music to enhance specific skills.

### SIMPLE LOW-COST GAMES AND ACTIVITIES FOR SENSORIMOTOR LEARNING

| by **Lisa A Kurtz** | code: **B123** | **\$37.95**

Packed full of fun, this book encourages the development of motor skills, coordination and sensory tolerance in young children. Using cheap readily-available materials, these games and activities are appropriate for all children, including those with autism, ADHD, Sensory Processing Disorders. The book includes clear descriptions of how to carry out each activity, helpful illustrations, and ways to adapt activities according to the child's individual needs. A comprehensive reference guide enables easy searching for games suited to the development of particular skills.

### BUILDING SENSORY FRIENDLY CLASSROOMS

| by **Rebecca Moyes** | code: **B132** | **\$28.95**

This book helps walk any regular education or special education teacher through the process of setting up a sensory friendly classroom. It discusses the importance of data-driven strategies, and helps implementation. Sensory integration disorder often presents as a behavioural problem; thus, although it's an internal state, it has to be addressed based on what observable behaviours are seen in the child.

## SCISSORS

A range of ergonomically adapted scissors designed to help children with special needs to develop skills to using scissors. Light weight, easy grips, round ended blades and available in left or right handed.

### 9 Reasons to develop scissor skills:

- Increases manual dexterity
- Improves handwriting
- Improves dressing skills
- Removes frustration
- Increases self-esteem
- Increases independence
- Allows greater integration with class-mates
- Increases opportunity for expressing creativity
- Creativity allows for sense of achievement

### Long Loop Self-Opening Scissor

| code: **ST40 LLSO** | **\$ 19**



### Easi-Grip Scissor

| code: **ST40 EG** | **\$ 15**



### Long Loop Easi-Grip Scissor

| code: **ST40 LLEG** | **\$ 19**



### Mini Easi-Grip Scissor

(used for both left and right handers)

| code: **ST40 MEG** | **\$ 15**



# SENSORY

## DOG TAGS

| code: ST 30 | \$25



## NECKLACES (RAINDROPS AND DISCS)

| code: ST 28 | \$25



## MINI BEAN CHAIR

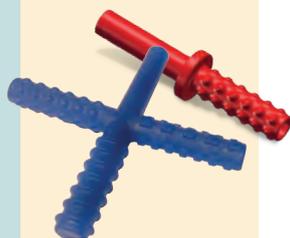
For ages 6–12  
| code: ST15 | \$60

Takes approx 220 litres of beans not included.

For ages 1–6  
| code: ST16 | \$55

Takes approx 80 litres of beans not included.

These mini bean chairs are better than standard bean bags because the bag is already set in the position to sit comfortably in, as opposed to normal bean bags which you have to wriggle around in to get comfy. The sides give children more of an encased feeling. Comes with an inner liner so can be removed for cleaning.



## Sensory products for chewers and fidgeters

### CHEWABLE JEWELLERY

Chewable jewellery is designed to look great while discreetly serving a child's need to chew. Great for children who chew their collars, as well as children who have a weak jaw motion and need to practice their chewing. Made of silicon, is soft and flexible but hard wearing. Non-toxic and safe to chew. Also serves as a great fidget toy. NOTE: NOT suitable for aggressive chewers (see Chewy Tubes and Chew Stix instead).

### BANGLES

| code: ST 31 | \$25

These double as a great fidget toy. (Adult sized and more suitable for teenagers and adults).

### TREAD BANGLES

| code: ST 37 | \$25

Smaller diameter for the younger child (55cm).

### EMOTICHEW

| code: ST 38 | \$25

Doubles as a communication aid and message to others. Simply show the side that represents how the person is feeling – Red = Leave me alone, Green = Talk to me.

### GRIP STIXX

| code: ST13 | \$15

Look online for a wide range of colours and flavours.

### CHEWY TUBES

| code: ST 11 | \$15

Wonderful for children who bite their clothes, bodies or seek objects to chew. Non-toxic, latex free, lead free and don't contain PVC or phthalates. Chewy Tubes® are safe and can help redirect problem chewing behaviours and help develop proper chewing skills. Look online for a wide range of colours of Original and Super Chewy Tubes available.

### FLAVOURED CHEW STIXX

| code: ST34 | \$15

An excellent chewable hand fidget for children craving sensory input, and the input received from destructive oral motor grinding. When used properly provides a safe and bacteria free alternative for children who chew on shirts, pencils, fingers. Look online for a wide range of colours and flavours available.

### CHEW STIXX PENCIL TOPPERS

Textured Pack of 2

Shapes (Train & Star) Pack of 2

| code: ST25 | \$15

| code: ST26 | \$15

Do you know kids who chew the ends of pens or pencils? These great new pencil toppers are designed to be chewed! NO MORE yucky pens and pencils. If your child bites, chews, or grinds, give them something safe to chew on. It increases attention, lowers anxiety levels, and has been proven to improve concentration skills in children constantly seeking sensory input. Comes either in Shape or Textured.

# Sensory tools

## PENCIL GRIPS

- Crossover | code: O 03(CO) | \$4
- Pinch Grip | code: O 03(PG) | \$4
- Standard | code: O 03 | \$4

For left and right hands. The Crossover Grip uses the same great design as the Standard Pencil Grip but added wings to prevent fingers from crossing over each other. The NEW Pinch Grip balances the structure of the Crossover Grip with the freedom of the Standard Grip. The Grips can be used as a three step process starting with Crossover, then Pinch Grip and finally Standard.



**DESK BUDDY CHEWABLE RULER**  
| code: ST27 | \$15



**SENSORY MAT**  
| code: ST33 | \$55



**WOODEN MASSAGER**  
| code: ST14 | \$6



**FIDGIPOD**  
| code: ST02 | \$25



**WATER BALL**  
| code: ST10 | \$4



**PUNKI WRIST BAND**  
| code: ST22 | \$3



**STRETCH TOYS**  
(a range available)  
| code: ST04 | \$4



**IMPROBABLE CONSTRUCT FIDGET**  
| code: ST01 | \$6



**LIQUID TIMER**  
| code: ST17 | \$15



**TWIST PUZZLE KEY CHAIN**  
| code: ST21 | \$5.00



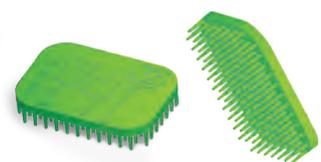
**15 SECOND WATER WHEEL TIMER**  
| code: ST06 | \$5.00



**HEXICHEW**  
| code: ST39 | \$35



**TIGER BRUSH**  
| code: ST35 | \$15



**SMILEY FACE STRESS BALL**  
| code: ST23 | \$4



**SENSO BRUSH ORAL STIMULATOR**  
| code: ST12 | \$15



**SLINKY**  
| code: ST07 | \$4



**SENSORY STIXX**  
| code: ST32 | \$15



**SPINNING TOP**  
| code: ST05 | \$1



**SINKING PUTTY**  
| code: ST03 | \$4



Many more sensory tools and resources are available at [www.suelarkey.com.au](http://www.suelarkey.com.au)



# 2019 WORKSHOPS

## New South Wales

Albury	Friday 22 February	Sue Larkey
Sydney (Bossley Park)	Friday 8 March	Dr Tony Attwood
Wollongong	Friday 29 March	Dr Tony Attwood
Tamworth	Friday 17 May	Sue Larkey
Sydney (Sutherland)	Friday 31 May	Sue Larkey
Tweed Heads	Friday 7 June	Sue Larkey
Newcastle	Friday 9 August	Sue Larkey
Port Macquarie	Thursday 15 August	Sue Larkey
Sydney (Ryde)	Friday 16 August	Sue Larkey
Orange	Friday 13 September	Sue Larkey

## Queensland

Sunshine Coast	Thursday 21 March	Sue Larkey
Brisbane (Chermside)	Friday 22 March	Sue Larkey
Gold Coast (Tweed Heads)	Friday 7 June	Sue Larkey
Rockhampton	Thursday 5 September	Sue Larkey
Brisbane (Chermside)	Friday 6 September	Dr Tony Attwood

## Victoria

Albury/Wodonga	Friday 22 February	Sue Larkey
Bendigo	Thursday 28 February	Sue Larkey
Melbourne (St Kilda)	Friday 1 March	Sue Larkey
Melbourne (Bullen)	Friday 24 May	Sue Larkey
Morwell	Thursday 20 June	Sue Larkey
Melbourne (Glen Waverley)	Friday 21 June	Dr Tony Attwood
Geelong	Friday 2 August	Dr Tony Attwood

## South Australia

Adelaide	Friday 5 April	Sue Larkey
Adelaide	Friday 30 August	Dr Tony Attwood

## Australian Capital Territory

Canberra	Friday 28 June	Sue Larkey
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For more workshop dates and locations, to reserve your place or download a registration form go to [www.suelarkey.com.au](http://www.suelarkey.com.au)

## Endorsement providers

Accreditation for ALL States: VIC (VIT Maintenance), NSW (NESA, QTC, My PL), ACT, (TQI), QLD, WA, SA, TAS, and NT.

For more information refer to flyers on website.



# VISIT SUE LARKEY ONLINE

## On [suelarkey.com.au](http://suelarkey.com.au) you can:

- Download free tip sheets
- Request a catalogue and download an order form
- Sign up for Sue's free E-Newsletter with strategies and top tips that goes to over 29 countries
- View the range of upcoming workshops and speakers
- Download workshop registration forms
- Shop online
- Browse products and see what else is available
- Download free recipes and play schedules
- View links to TV shows, YouTube clips and other great stories
- Online seminars from the comfort of your own home



and receive our regular Newsletter plus many more books and resources are available at [www.suelarkey.com.au](http://www.suelarkey.com.au)



## Australia

Education Events PTY Limited  
PO Box 20, Artarmon, NSW 1570

Email: [dearne@suelarkey.com.au](mailto:dearne@suelarkey.com.au)

[www.suelarkey.com.au](http://www.suelarkey.com.au)

ABN: 70 124 402 277

## New Zealand

[www.suelarkey.co.nz](http://www.suelarkey.co.nz)

All prices include GST. Please refer to the order form for postage and packaging costs. Prices are valid at the time of publication (January 2019), but subject to change without notice.

